On the IR behavior of QFTs in de Sitter (loops, logarithms and stochastic formalism)

Based on:

arXiv:2311.17644 (with Spyros Sypsas)

arXiv:2406.07610 (with Javier Huenupi, Ellie Hughes and Spyros Sypsas)

arXiv:2412.01891 (with Javier Huenupi, Ellie Hughes and Spyros Sypsas)

arXiv:2507.21310 (with Spyros Sypsas and Danilo Tapia)

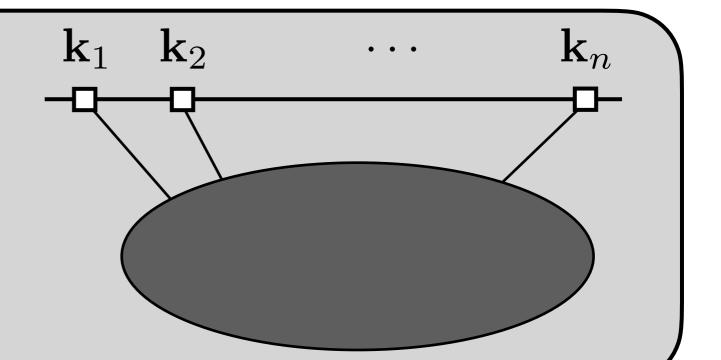
Gonzalo A. Palma FCFM, U. de Chile Inflation 2025, Paris December 5, 2025





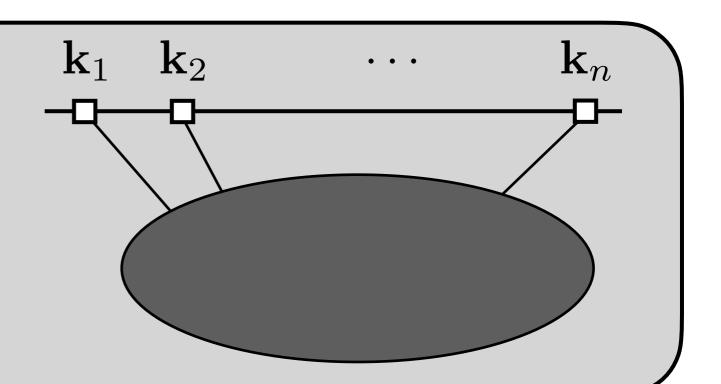
Perturbation theory

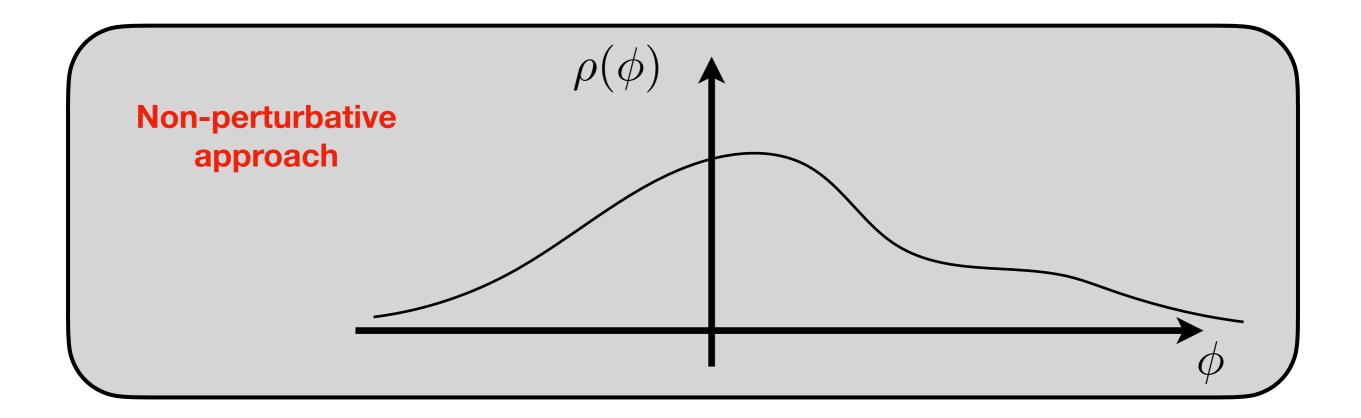
$$\langle \varphi_{\mathbf{k}_1}(\tau) \cdots \varphi_{\mathbf{k}_n}(\tau) \rangle =$$



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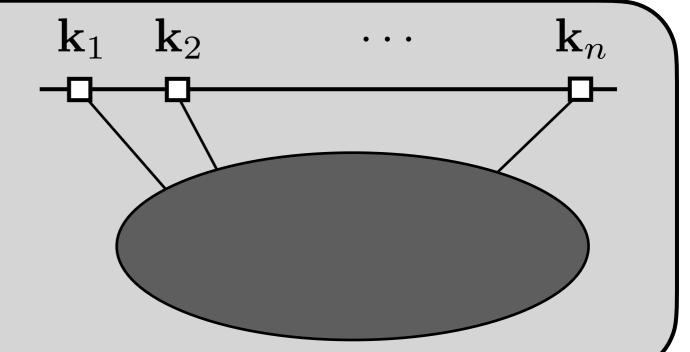
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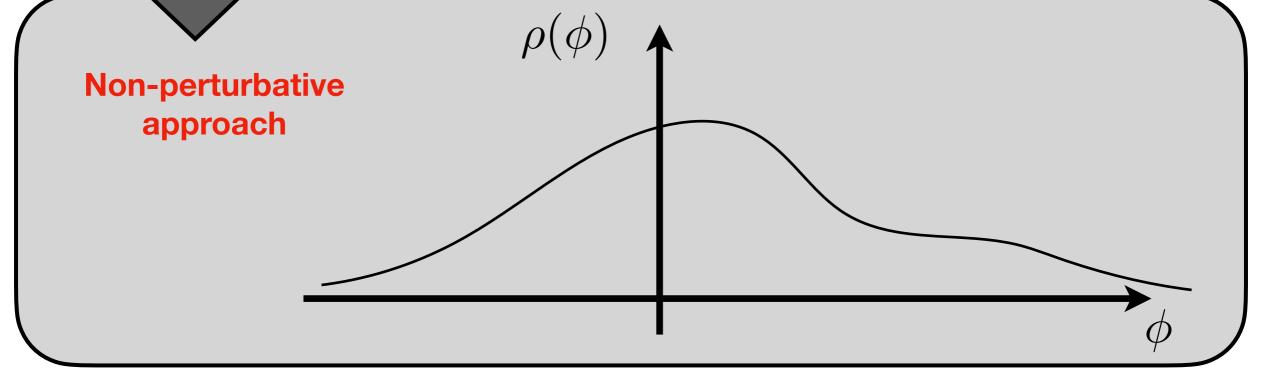
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Light

Light fields / massless limit



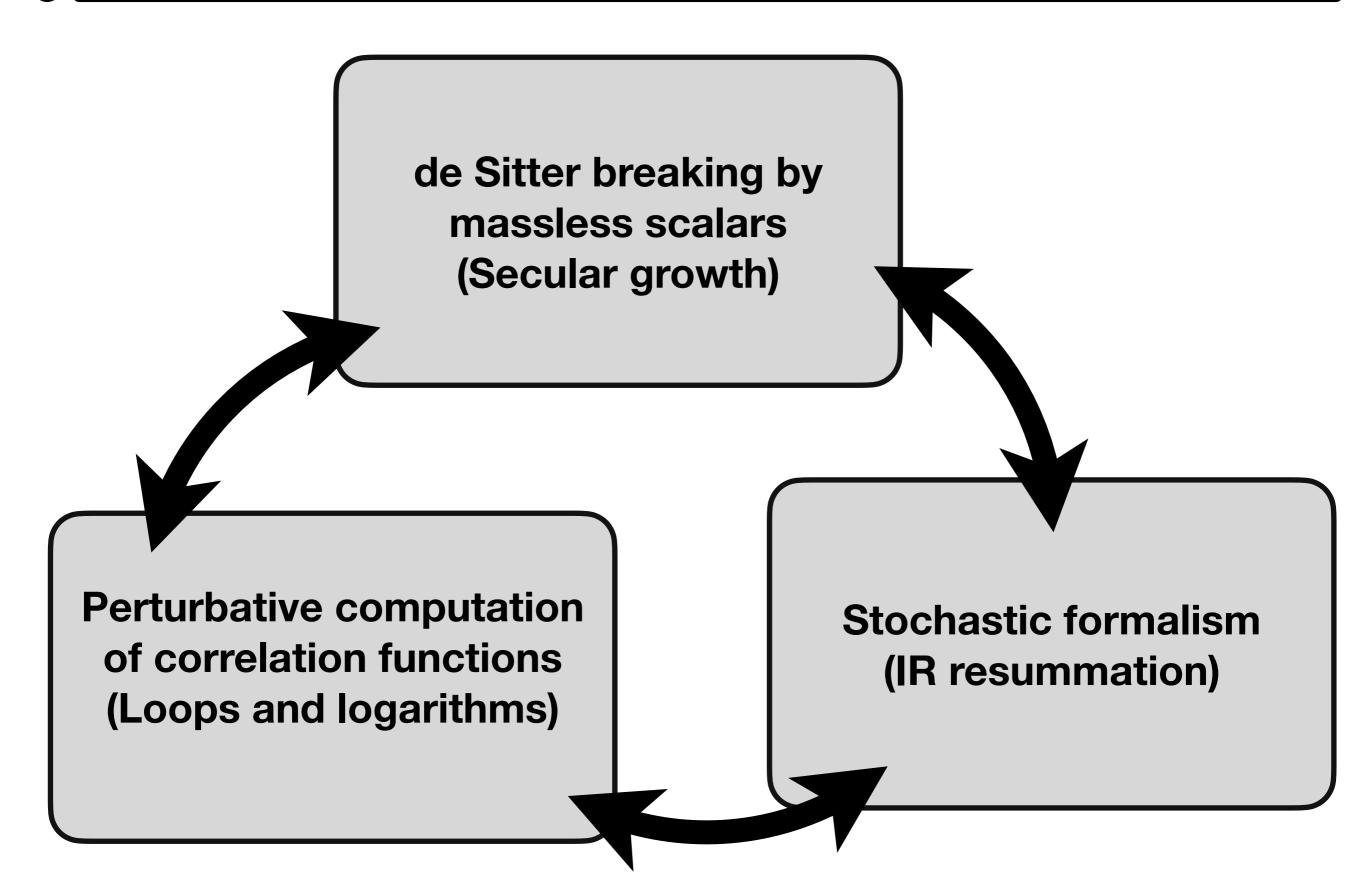
de Sitter breaking by massless scalars (Secular growth) de Sitter breaking by massless scalars (Secular growth)

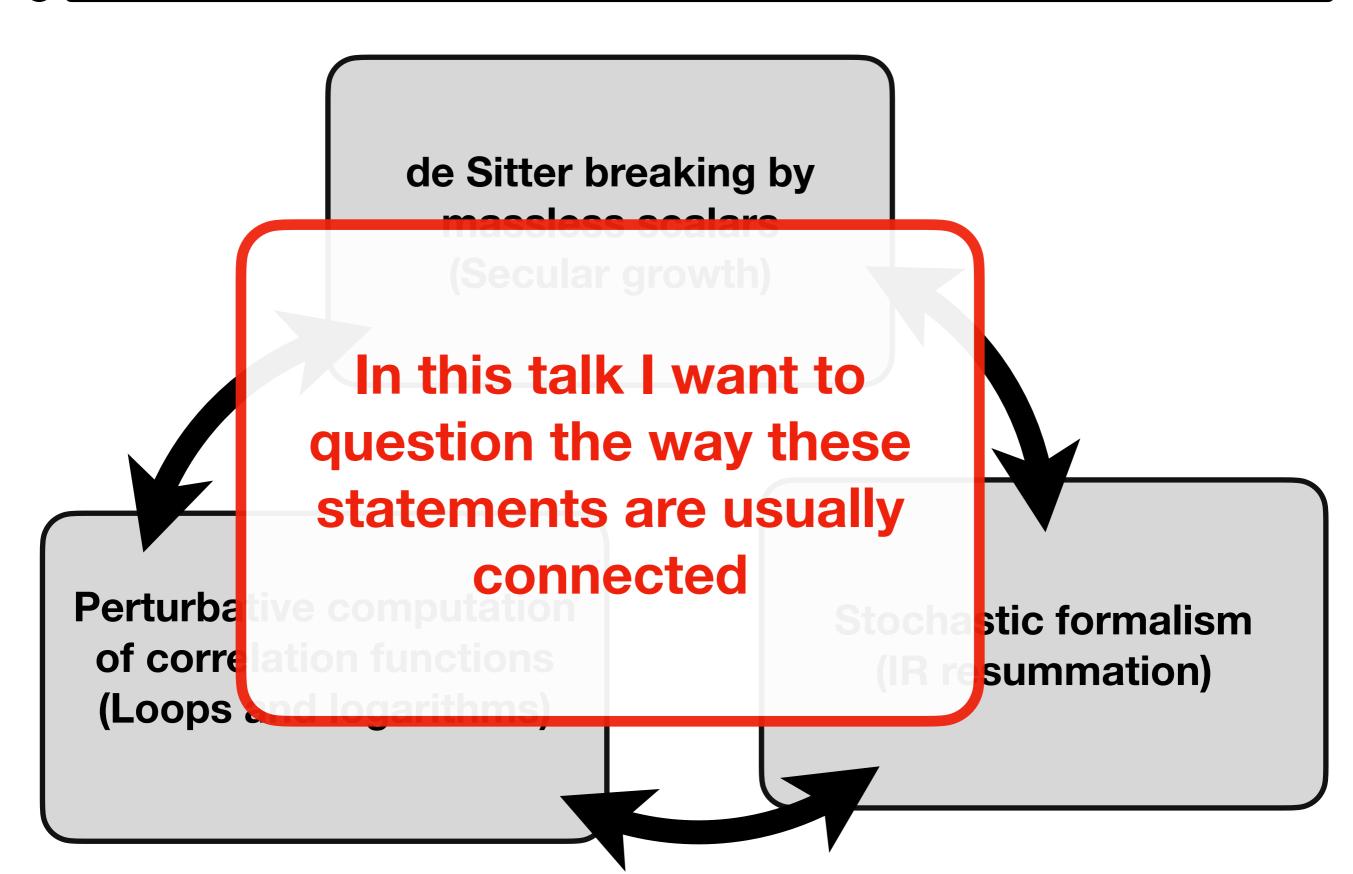
Perturbative computation of correlation functions (Loops and logarithms)

de Sitter breaking by massless scalars (Secular growth)

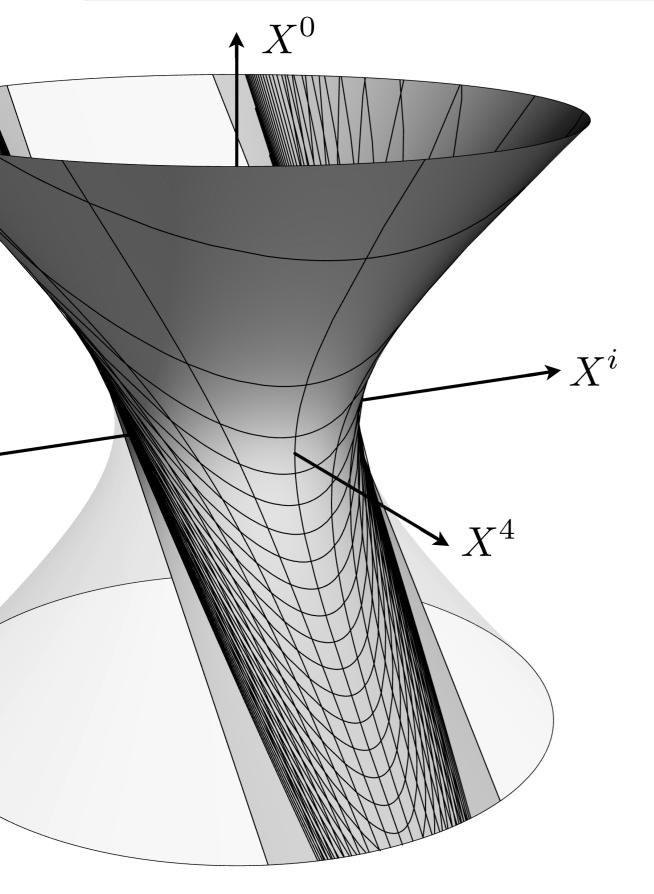
Perturbative computation of correlation functions (Loops and logarithms)

Stochastic formalism (IR resummation)

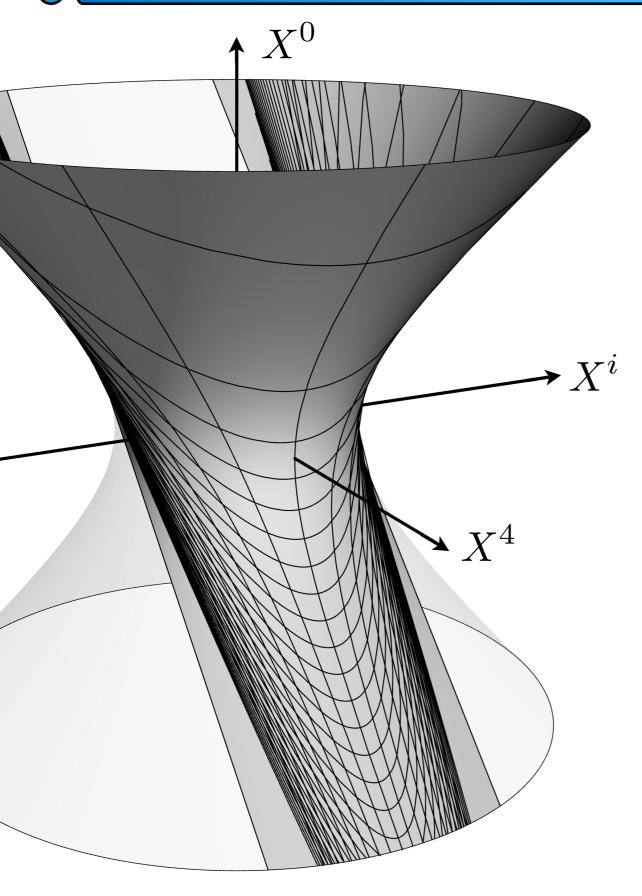








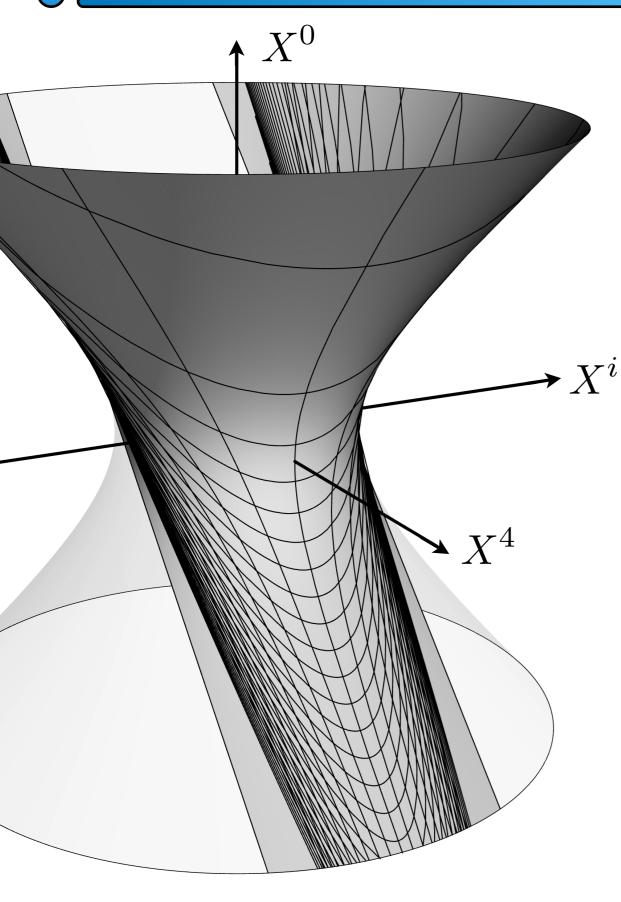
4D de Sitter



Metric in cosmological coordinates:

$$ds^{2} = a^{2}(\tau)(-d\tau^{2} + d\mathbf{x}^{2})$$
$$a(\tau) = -\frac{1}{H\tau}$$

4D de Sitter



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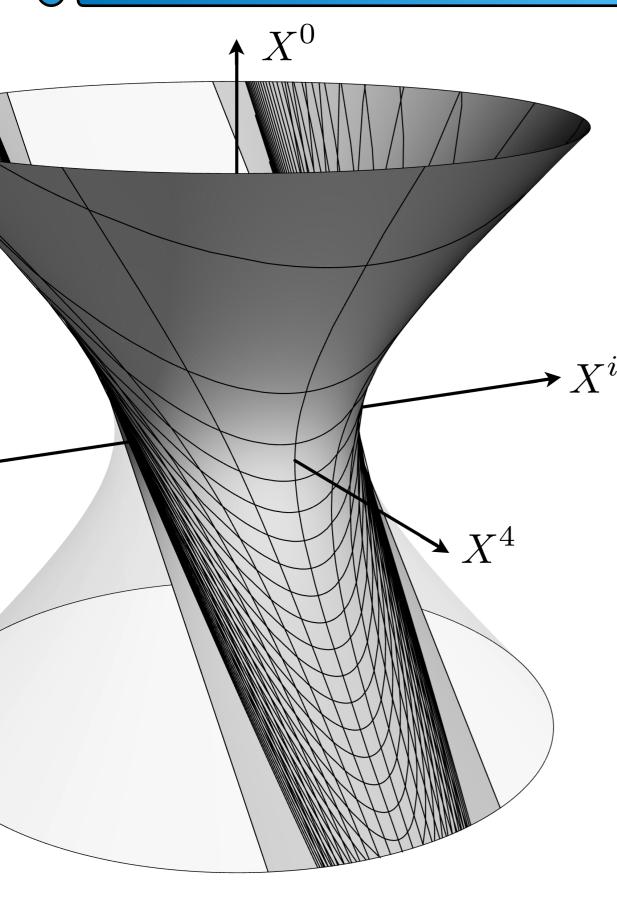
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Invariant under dS transformations:

For instance:

$$\tau \to \bar{\tau} = e^{-\theta} \tau$$
$$x^i \to \bar{x}^i = e^{-\theta} x^i$$

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dS invariant combination

$$Z = 1 - \frac{|\mathbf{x} - \mathbf{x}'|^2 - (\tau - \tau')^2}{2\tau\tau'}$$

Let's consider the computation of correlation functions for a light scalar in dS:

$$S = \int d^3x \, d\tau \, a^4(\tau) \left[\frac{1}{2a^2(\tau)} \dot{\varphi}^2 - \frac{1}{2a^2(\tau)} (\nabla \varphi)^2 - \mathcal{V}(\varphi) \right]$$

SK formalism

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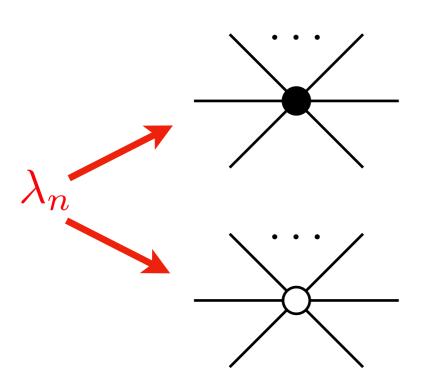
See: Chen, Wang & Xianyu (2017)



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Schwinger-Keldysh formalism:

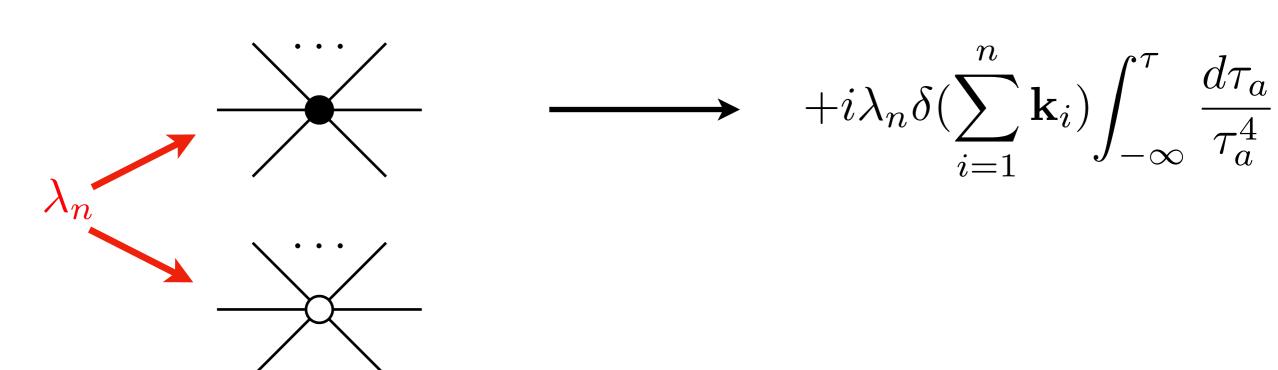


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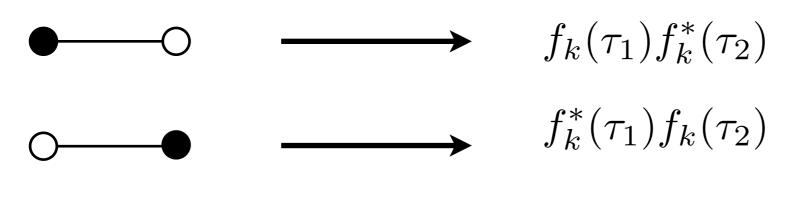
$$+i\lambda_n \delta(\sum_{i=1}^n \mathbf{k}_i) \int_{-\infty}^{\tau} \frac{d\tau_a}{\tau_a^4}$$

$$-i\lambda_n \delta(\sum_{i=1}^n \mathbf{k}_i) \int_{-\infty}^{\tau} \frac{d\tau_a}{\tau_a^4}$$

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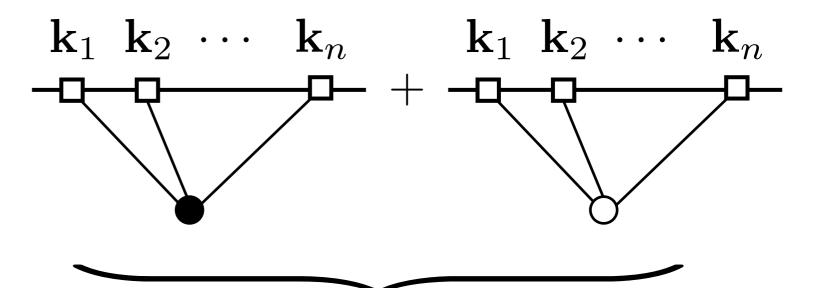
$$\langle \varphi_{\mathbf{k}_1}(\tau) \cdots \varphi_{\mathbf{k}_n}(\tau) \rangle = \frac{\mathbf{k}_1 \ \mathbf{k}_2 \cdots \mathbf{k}_n}{\mathbf{k}_n \cdots \mathbf{k}_n}$$

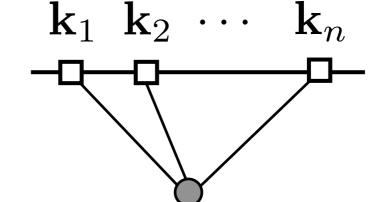


$$\langle \varphi_{\mathbf{k}_1}(\tau) \cdots \varphi_{\mathbf{k}_n}(\tau) \rangle = \begin{array}{c} \mathbf{k}_1 \ \mathbf{k}_2 \cdots \mathbf{k}_n \\ + \mathbf{k}_1 \ \mathbf{k}_2 \cdots \mathbf{k}_n \end{array}$$

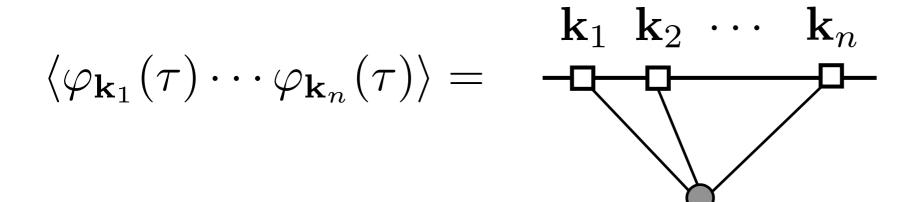


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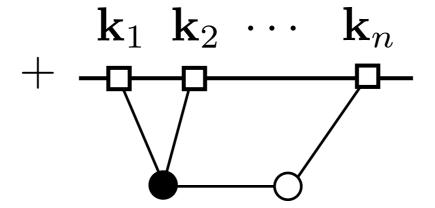






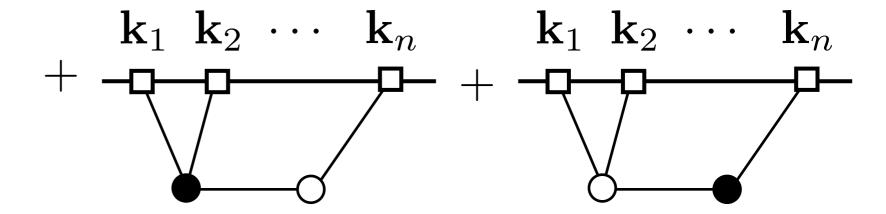


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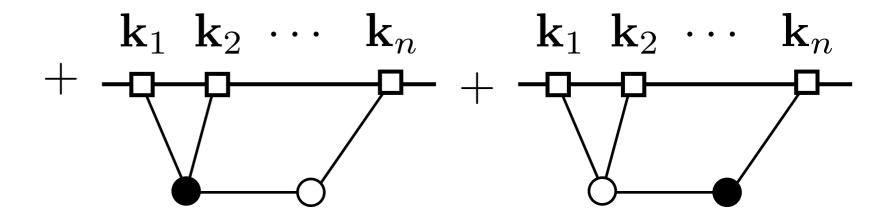


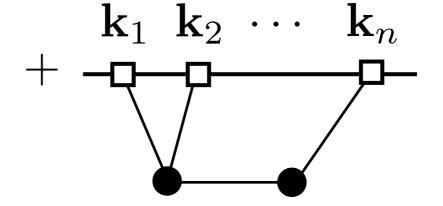
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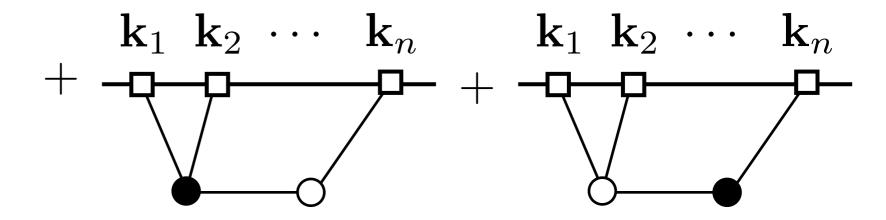
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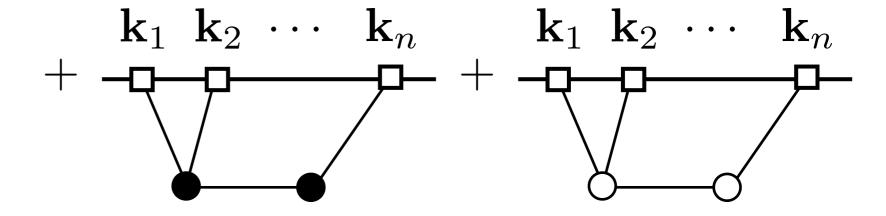






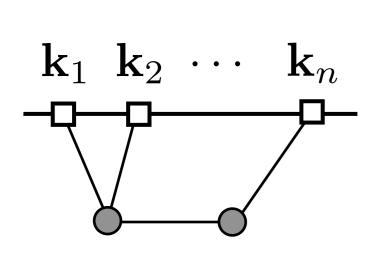
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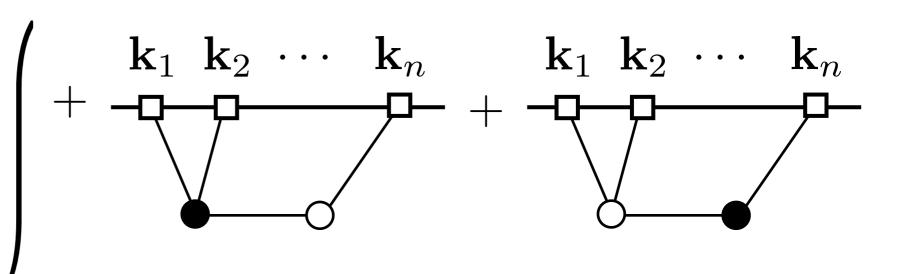


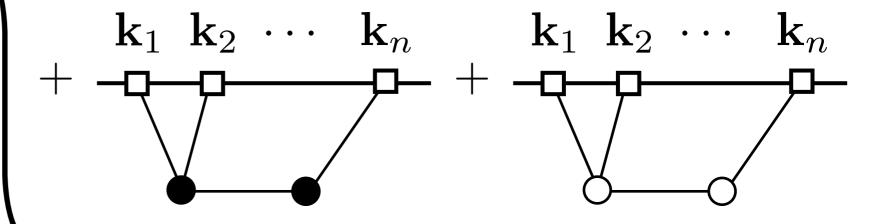




$$\langle \varphi_{\mathbf{k}_1}(\tau) \cdots \varphi_{\mathbf{k}_n}(\tau) \rangle = \frac{\mathbf{k}_1 \ \mathbf{k}_2 \cdots \mathbf{k}_n}{\mathbf{q}}$$





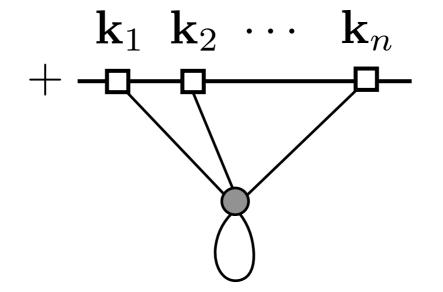




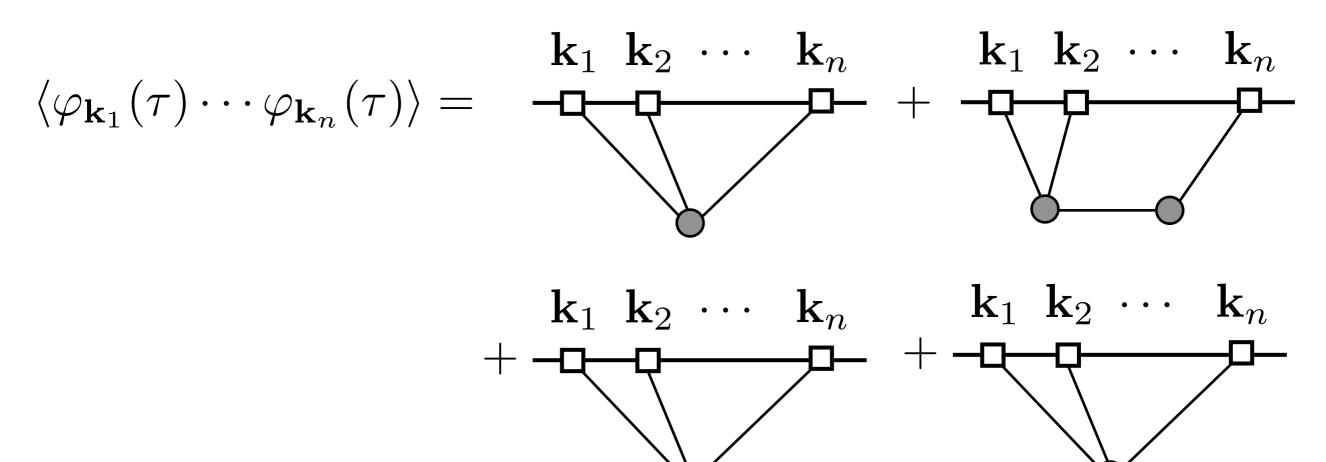
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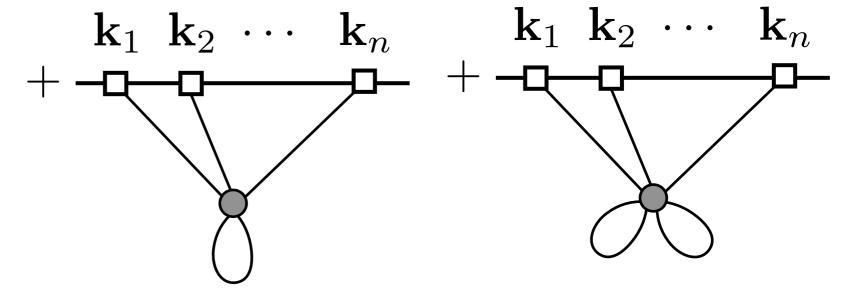


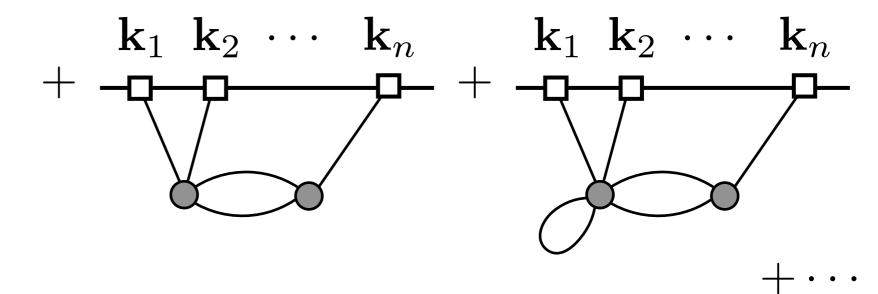
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$$\langle \varphi_{\mathbf{k}_{1}}(\tau) \cdots \varphi_{\mathbf{k}_{n}}(\tau) \rangle = \frac{\mathbf{k}_{1} \mathbf{k}_{2} \cdots \mathbf{k}_{n}}{\mathbf{k}_{1} \mathbf{k}_{2} \cdots \mathbf{k}_{n}} + \frac{\mathbf{k}_{1} \mathbf{k}_{2}$$



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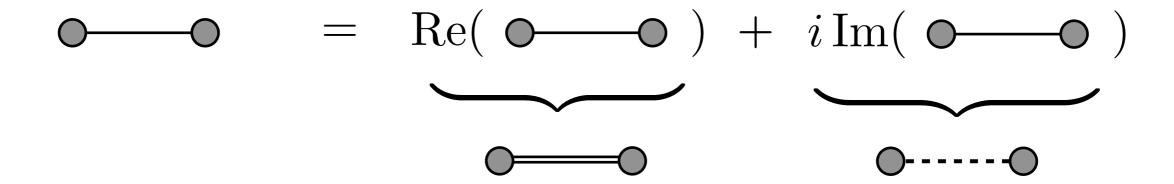


One may split propagators into real and imaginary parts:

$$\bigcirc - \bigcirc = \operatorname{Re}(\bigcirc - \bigcirc) + i\operatorname{Im}(\bigcirc - \bigcirc)$$

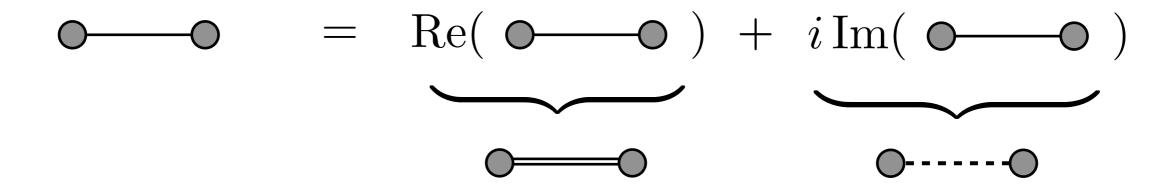
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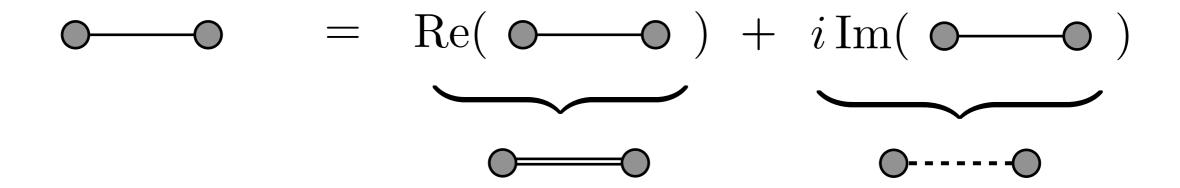


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Every vertex must have at least one imaginary propagator attached to it

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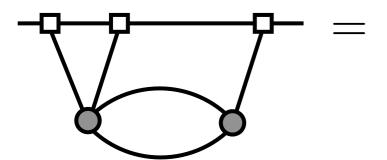


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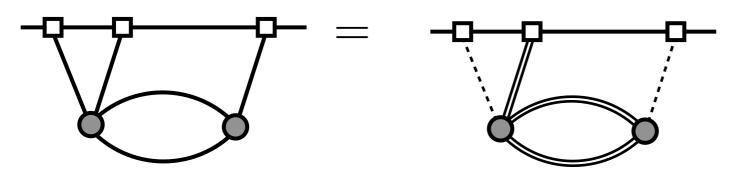


It is impossible to form a closed loop only with imaginary propagators

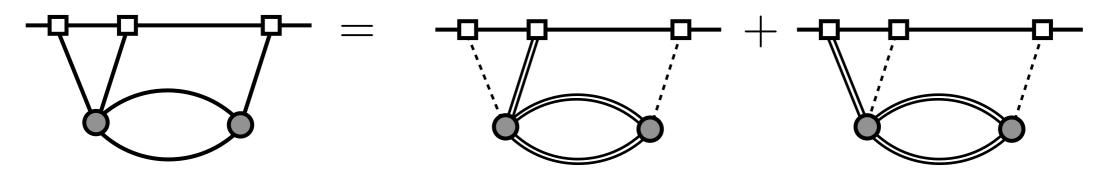




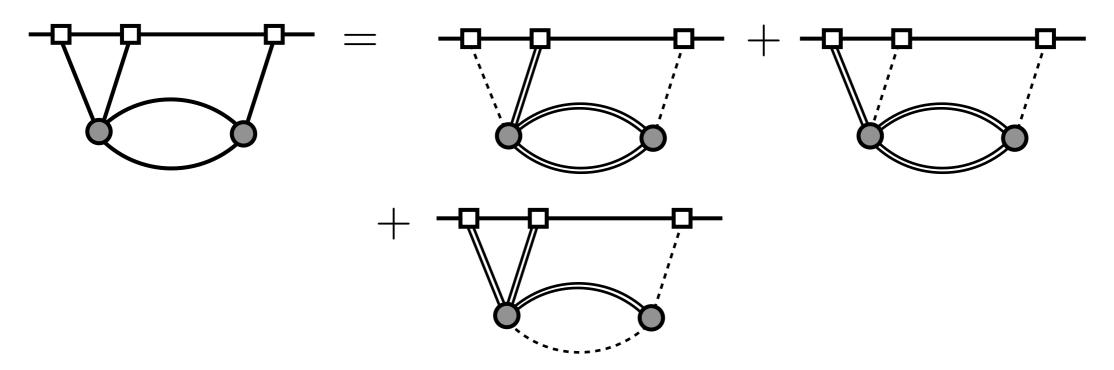




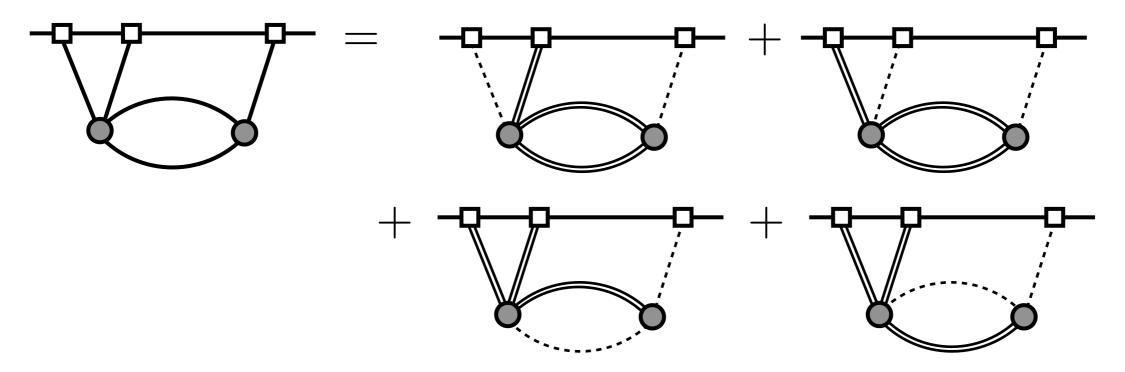




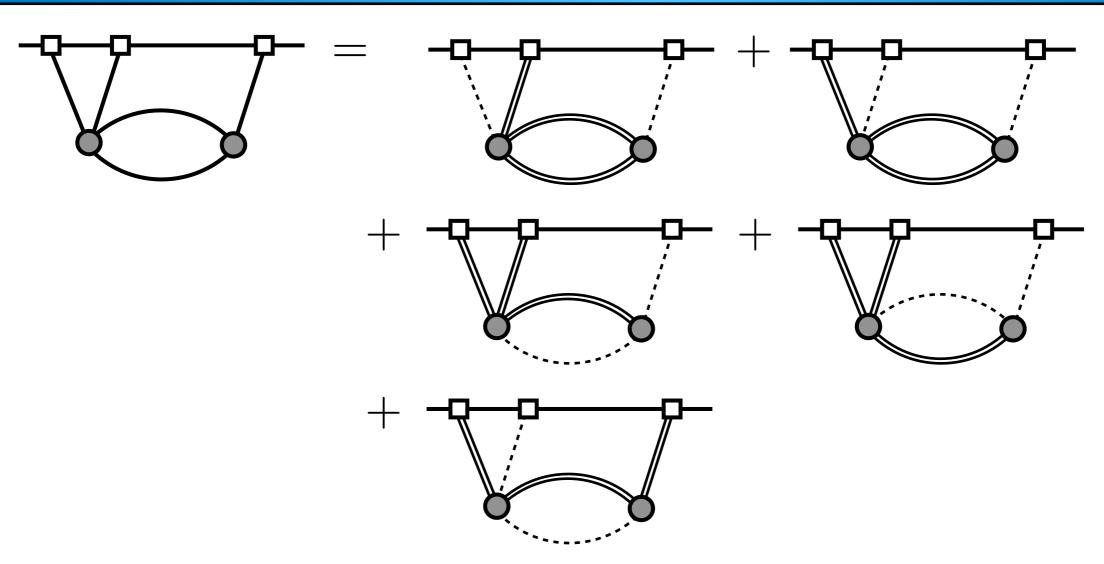


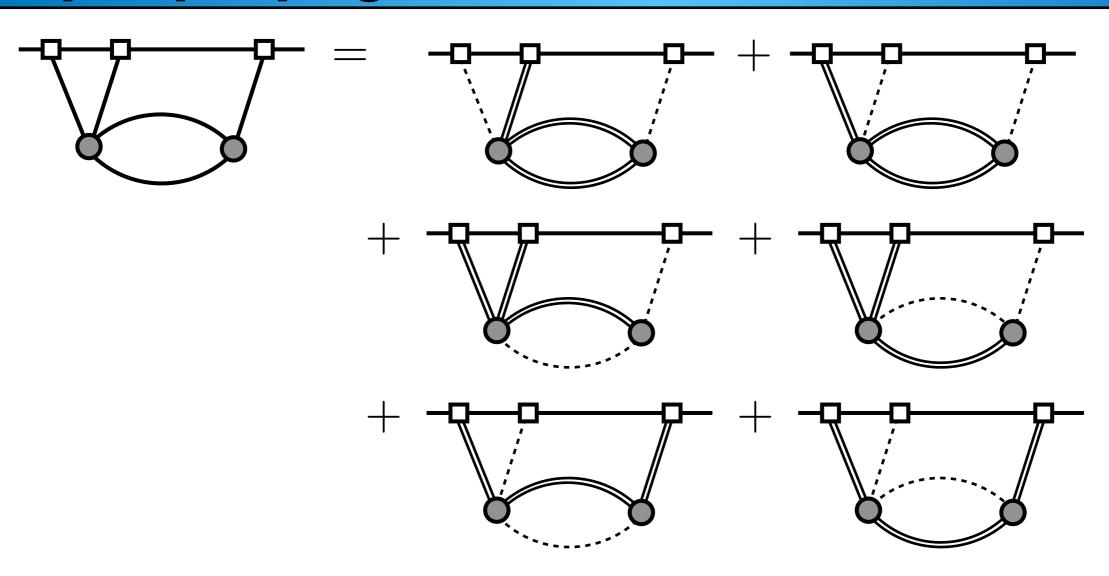


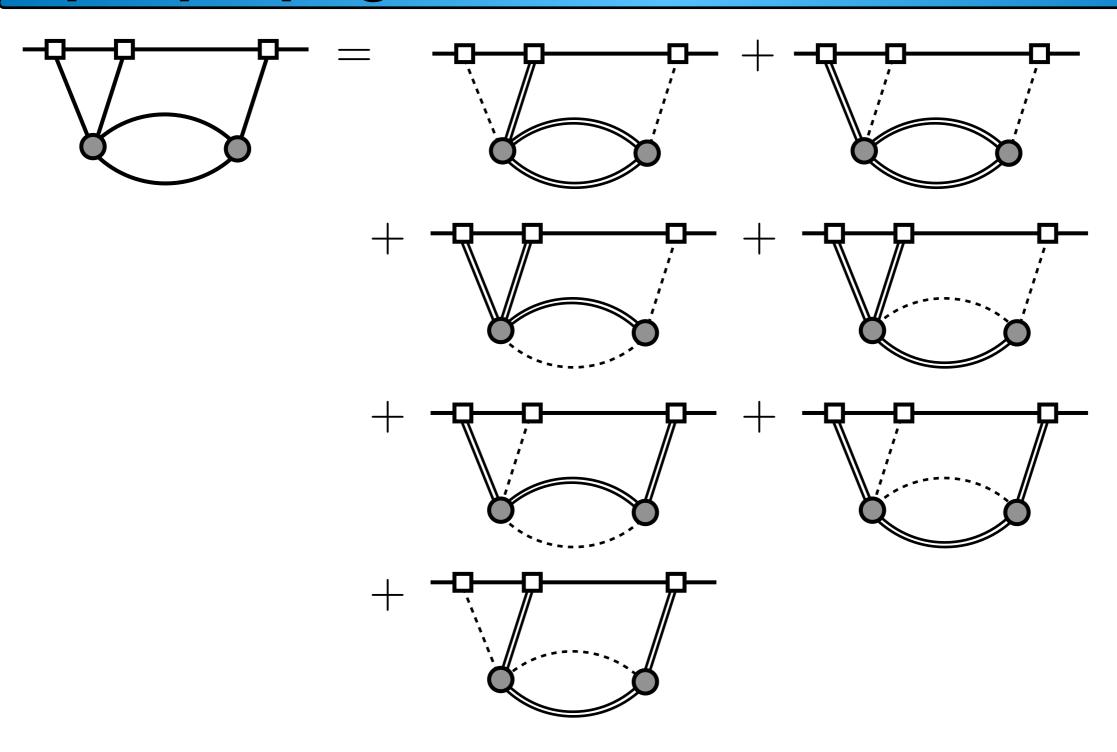


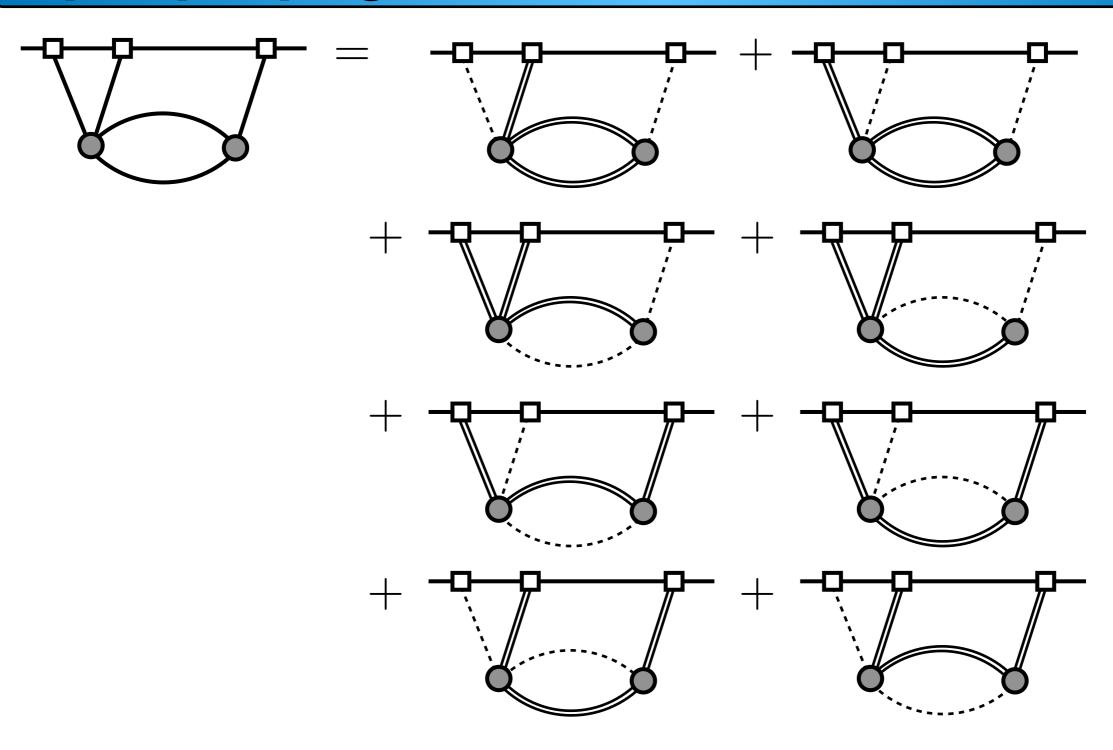


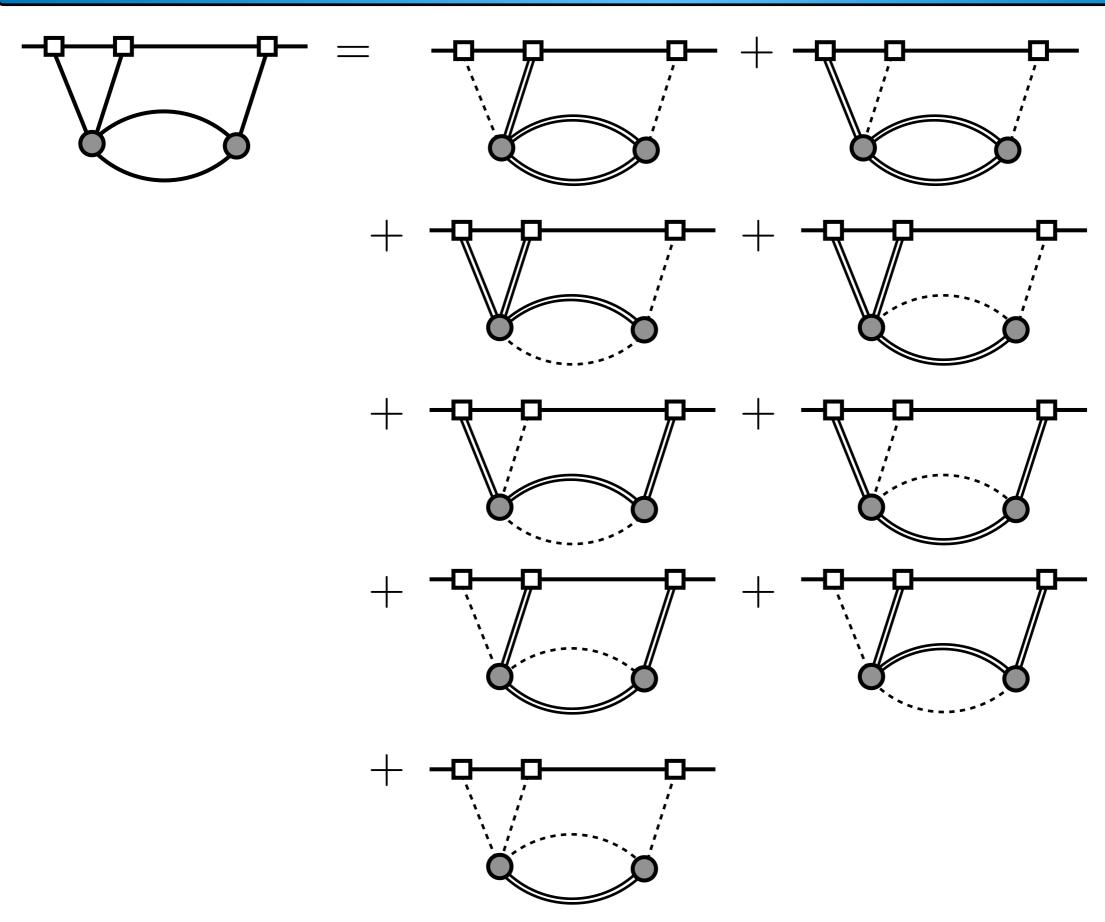


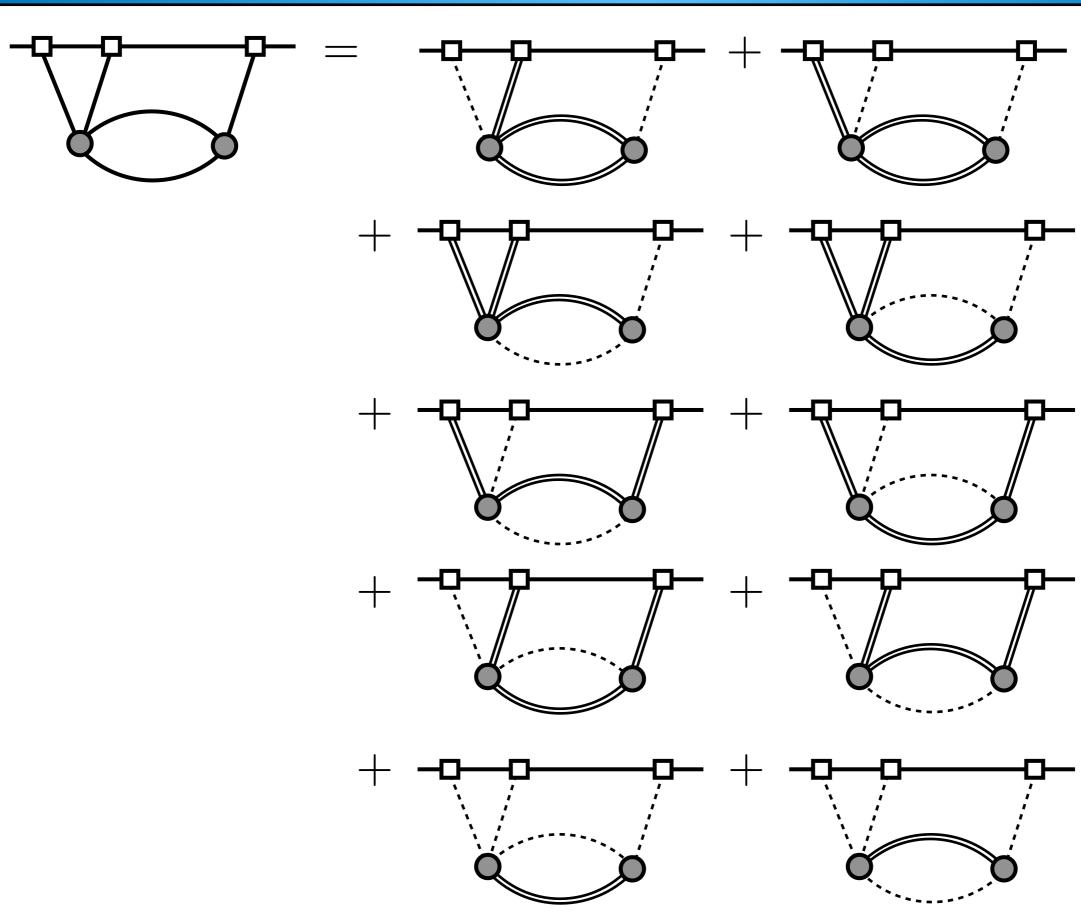












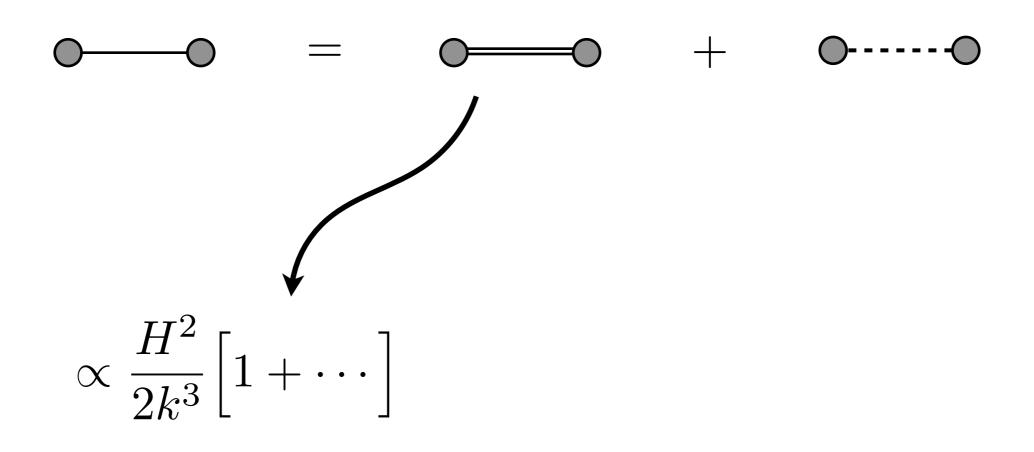


Real and imaginary propagators have different time dependences:



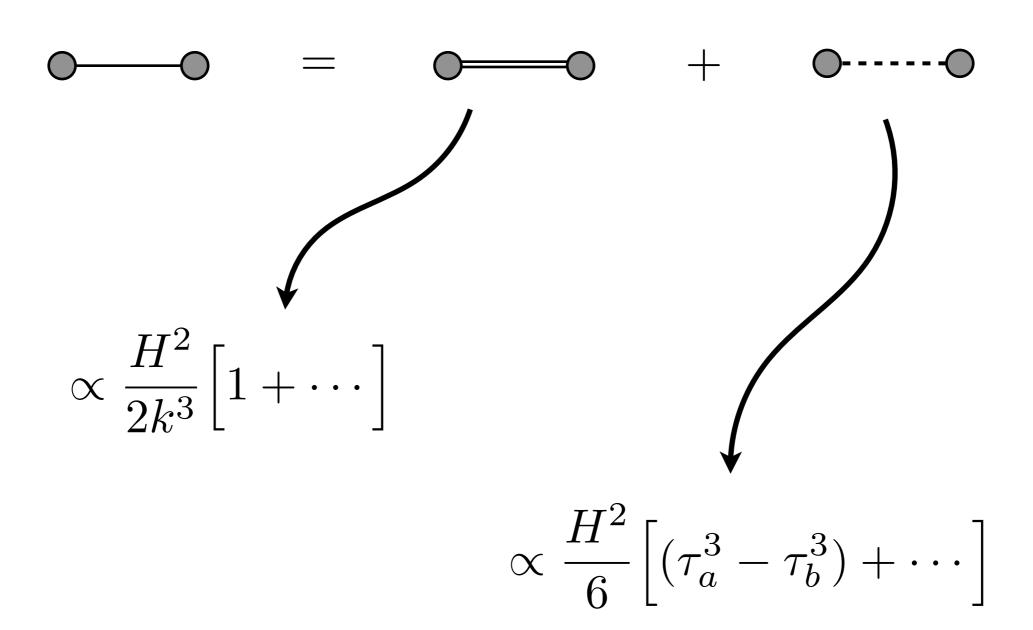


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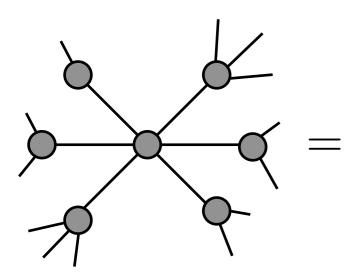




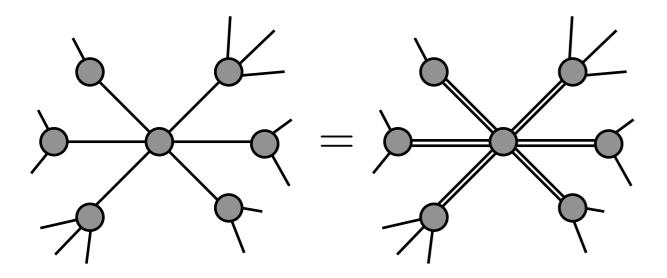
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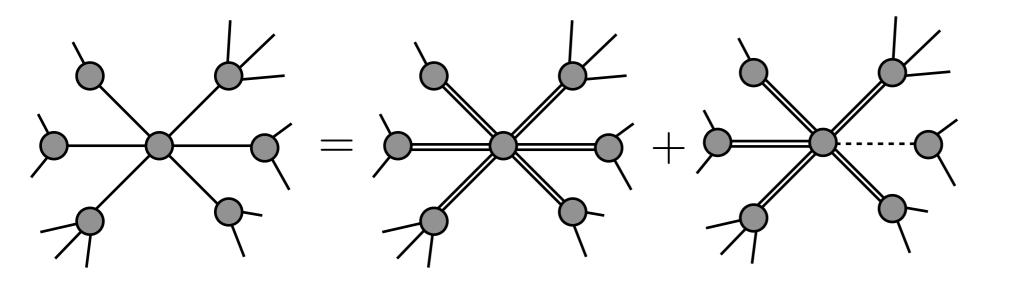




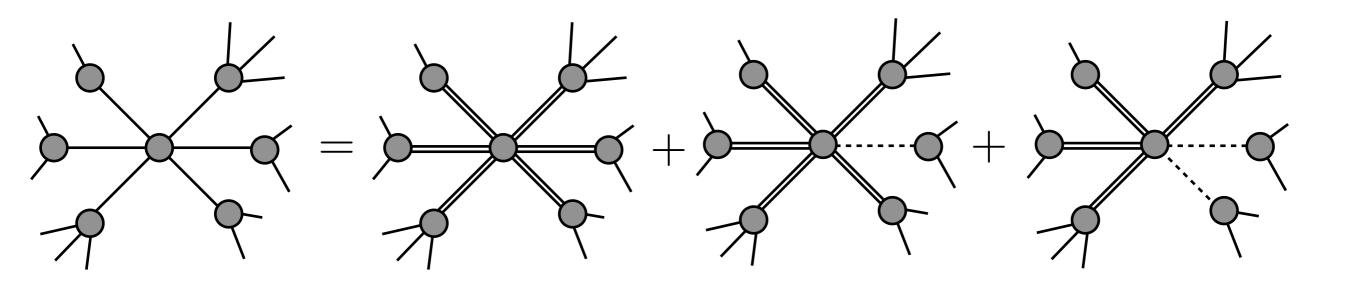




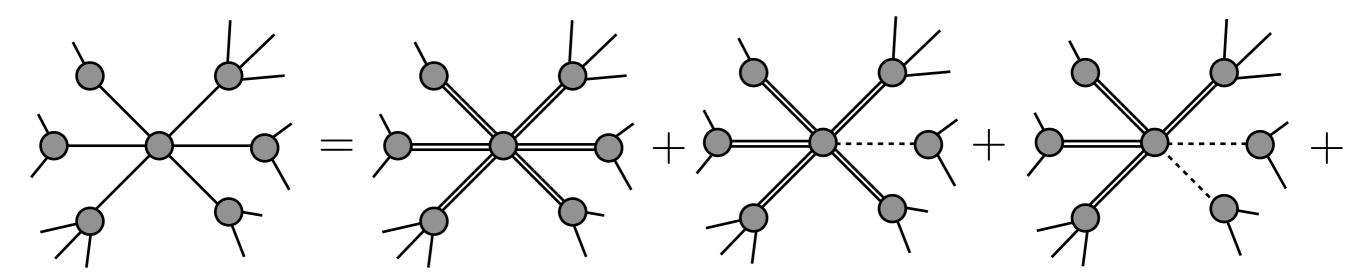




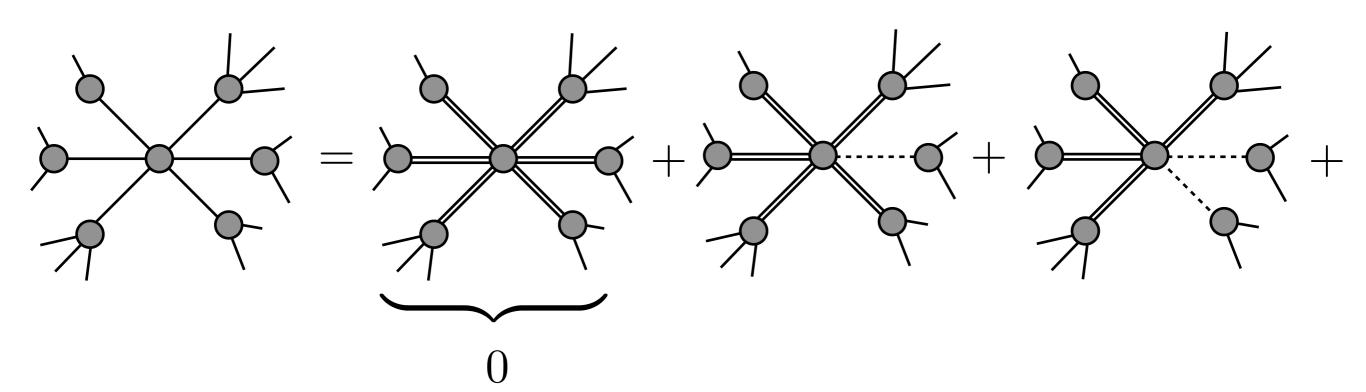




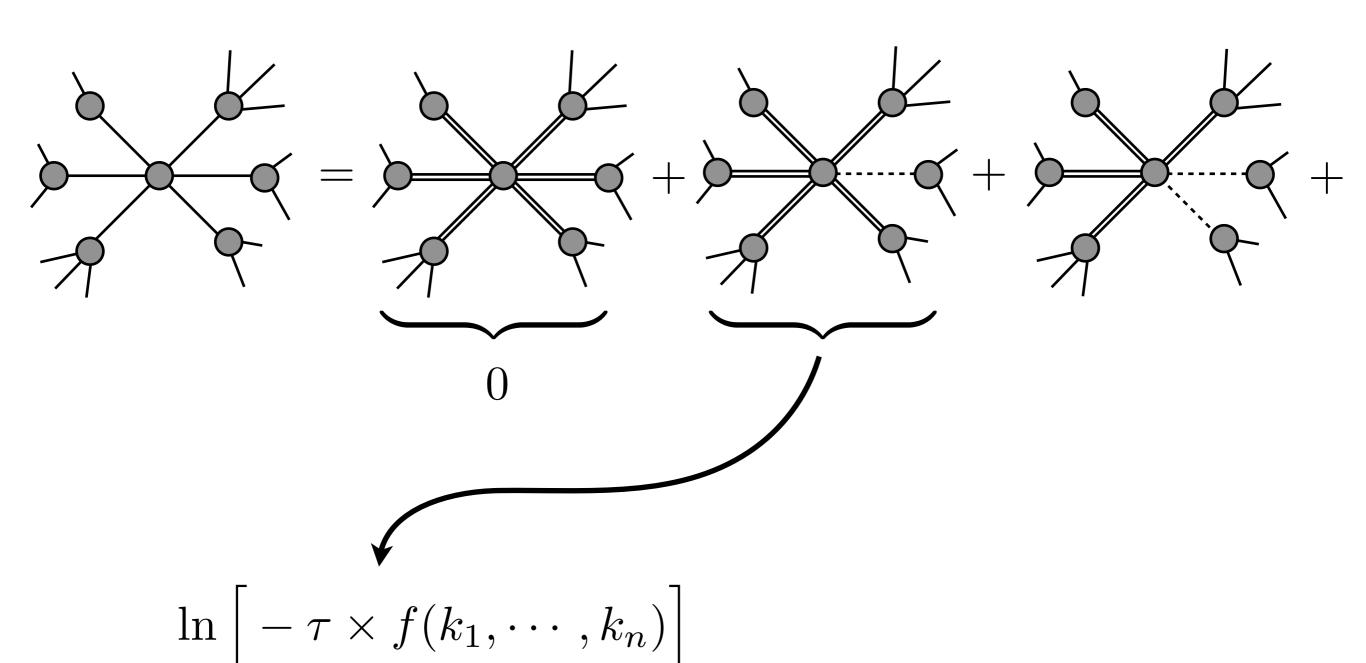




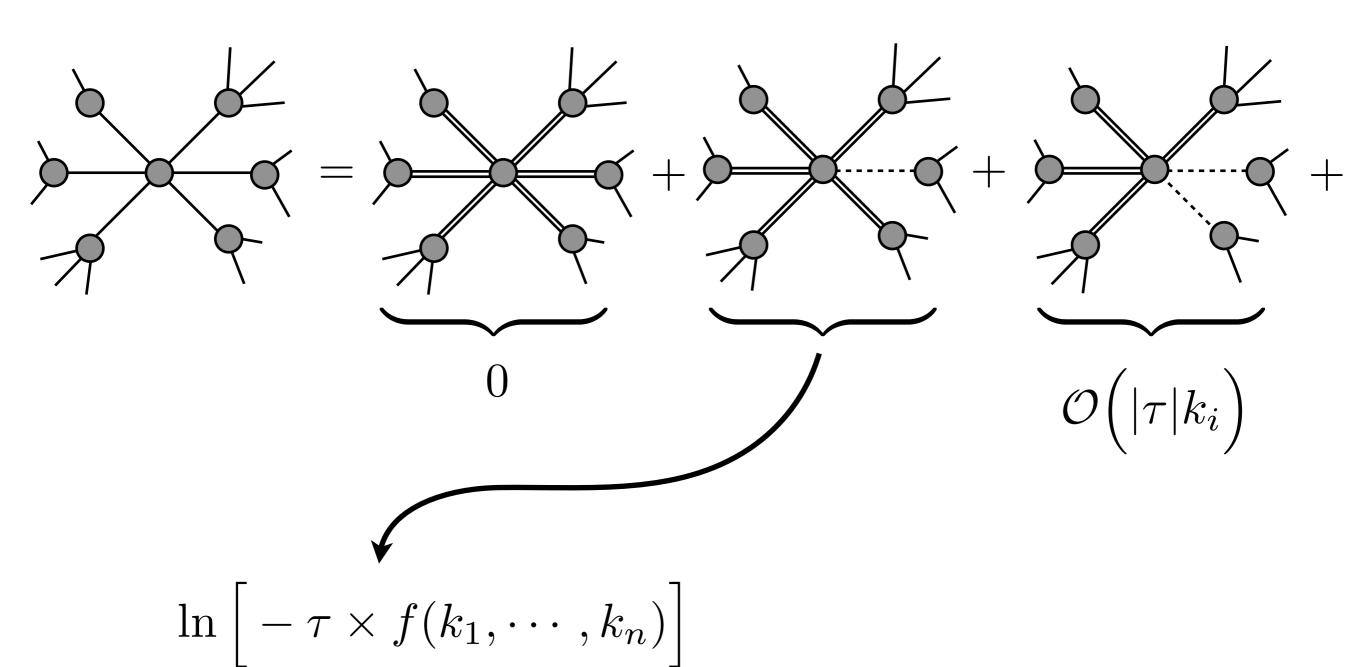






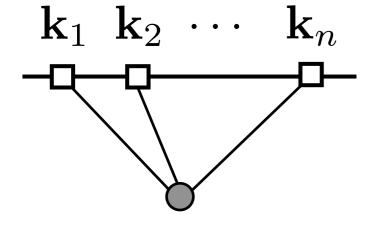








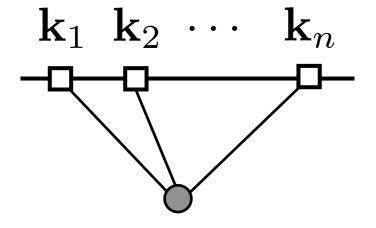
Tree-level examples:



$$\propto \ln \left[-\tau(k_1 + \cdots + k_n) \right]$$



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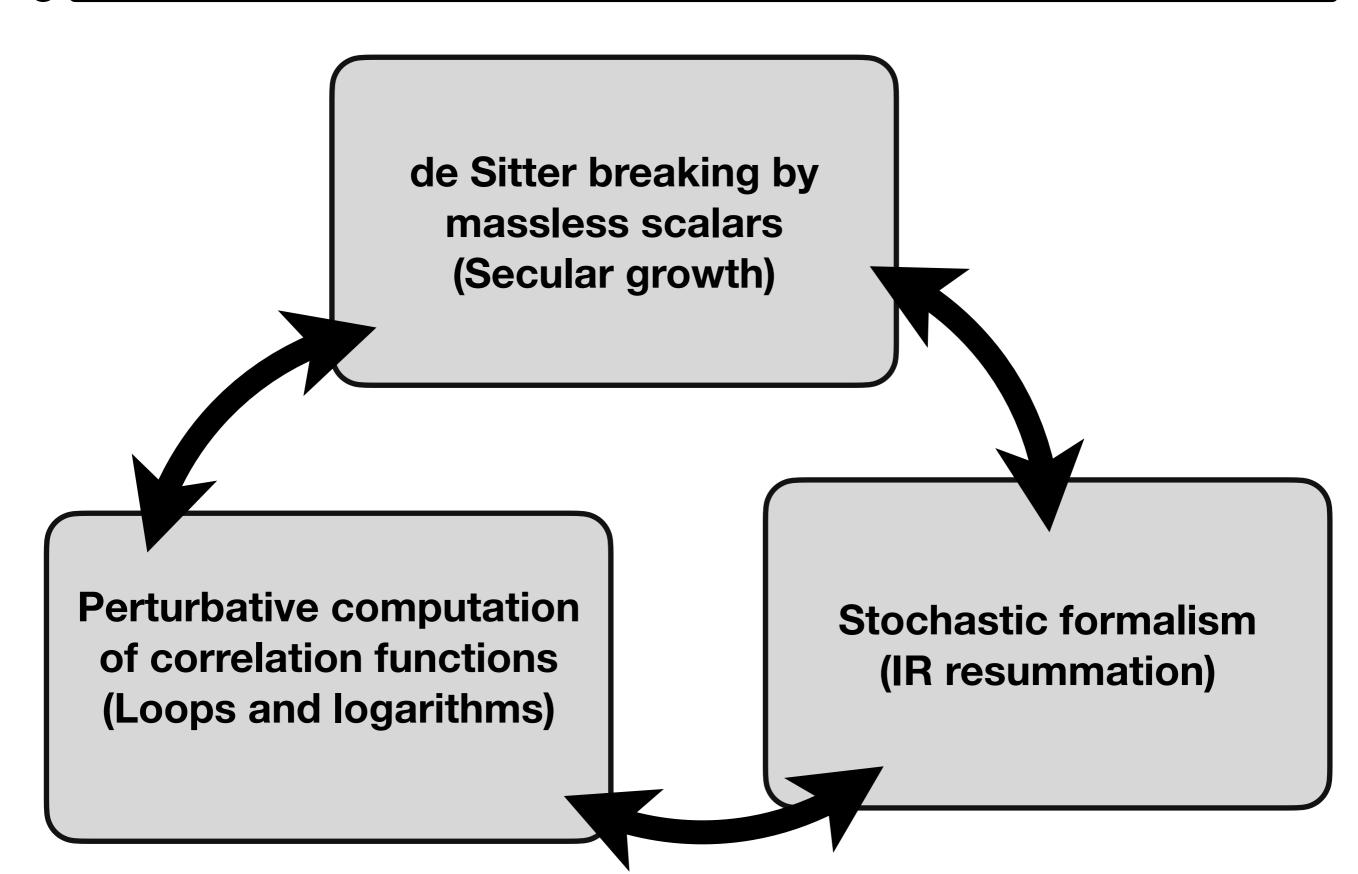
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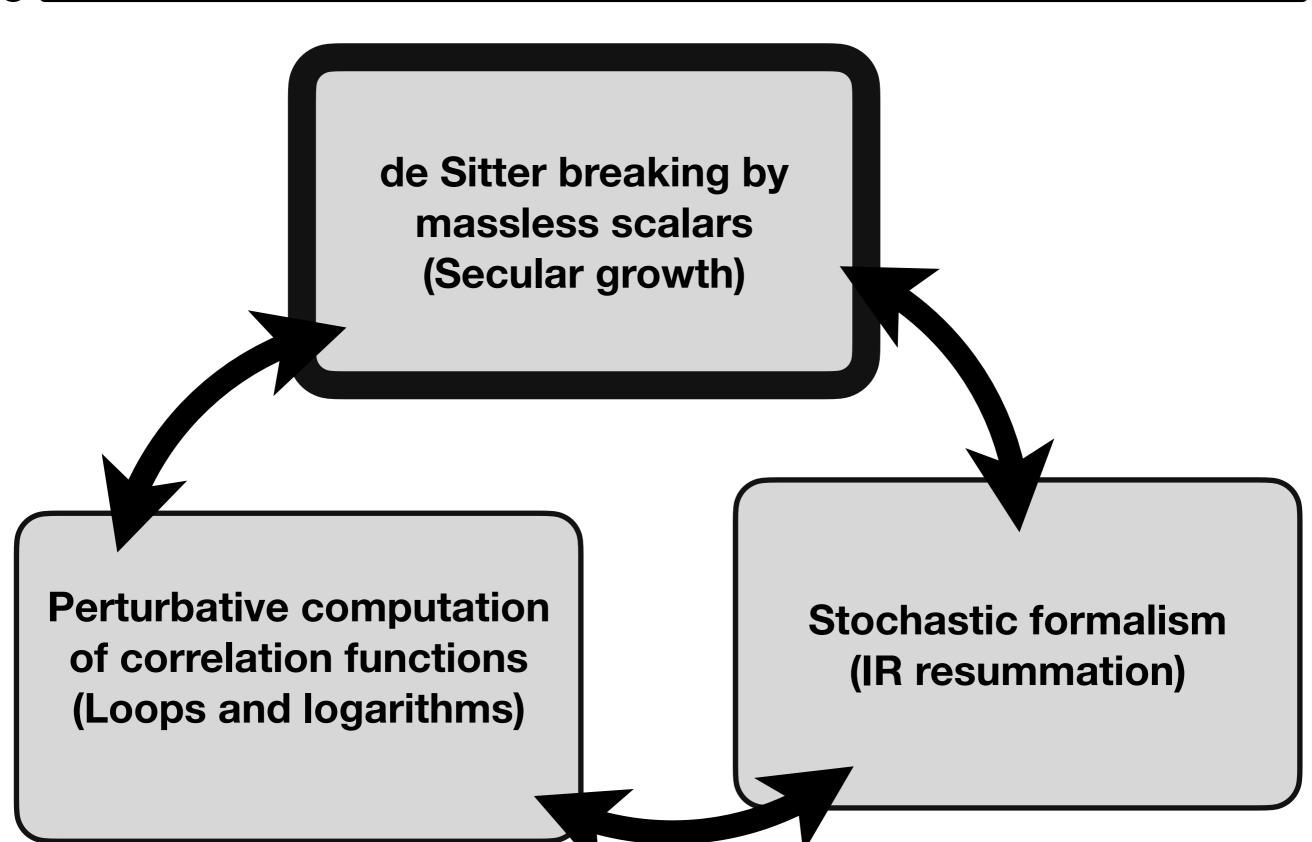
$$\mathbf{k}_1 \ \mathbf{k}_2 \ \cdots \ \mathbf{k}_n$$

$$\propto \ln \left[-\tau(k_I + K_1) \right] \ln \left[-\tau(k_I + K_2) \right]$$

$$+ \ln \left[-\tau(k_I + K_1) \right]^2$$

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Consider the following massless free theory

$$S = \int d^3x d\tau \, a^4(\tau) \left[\frac{1}{2a^2(\tau)} \dot{\varphi}^2 - \frac{1}{2a^2(\tau)} (\nabla \varphi)^2 \right]$$



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Quantize it:

$$\varphi(\mathbf{x}, \tau) = \int_{\mathbf{k}} \left[f_k(\tau) \hat{a}_{\mathbf{k}} + f_k^*(\tau) \hat{a}_{-\mathbf{k}}^{\dagger} \right] e^{-i\mathbf{k}\cdot\mathbf{x}}$$



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$$\varphi(\mathbf{x}, \tau) = \int_{\mathbf{k}} \left[f_k(\tau) \hat{a}_{\mathbf{k}} + f_k^*(\tau) \hat{a}_{-\mathbf{k}}^{\dagger} \right] e^{-i\mathbf{k}\cdot\mathbf{x}}$$

BD-vacuum:

$$f_k(\tau) = \frac{iH}{\sqrt{2k^3}} \left[1 + ik\tau \right] e^{-ik\tau}$$



Let's compute the two-point correlation function:

$$G(|\mathbf{x} - \mathbf{x}'|; \tau, \tau') = \langle \Omega | \varphi(\mathbf{x}, \tau) \varphi(\mathbf{x}', \tau') | \Omega \rangle$$



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You would have obtained the same result with a co-moving cutoff!

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Shift symmetry

$$F(0) = \frac{H^2}{4\pi^2}$$



Let's examine the invariance of $\,I(s)\,$ under dilations:

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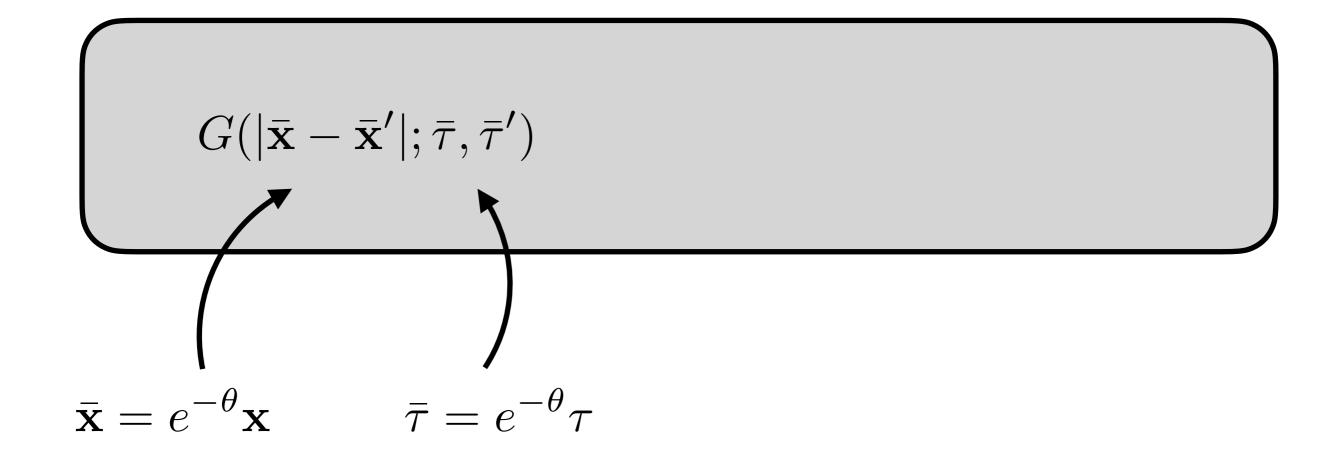
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$$I(e^{-\theta}s) = I(s) + \theta F(0)$$



$$G(|\bar{\mathbf{x}} - \bar{\mathbf{x}}'|; \bar{\tau}, \bar{\tau}')$$







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$$\bar{\mathbf{x}} = e^{-\theta}\mathbf{x} \qquad \bar{\tau} = e^{-\theta}\tau$$
 But recall that this feature is due to the shift symmetry



Back to Allen's result:

$$G(|\mathbf{x} - \mathbf{x}'|; \tau, \tau') = \frac{H^2}{8\pi^2} \left[\frac{1}{1 - Z} - \ln(1 - Z) + \ln a(\tau) + \ln a(\tau') + \ln \frac{1}{0} \right]$$

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$$G_{\mu\nu'}(x,x') = \partial_{\mu}\partial_{\nu'}\langle\varphi(x)\varphi(x')\rangle$$

See for instance Tolley & Turok (2001)



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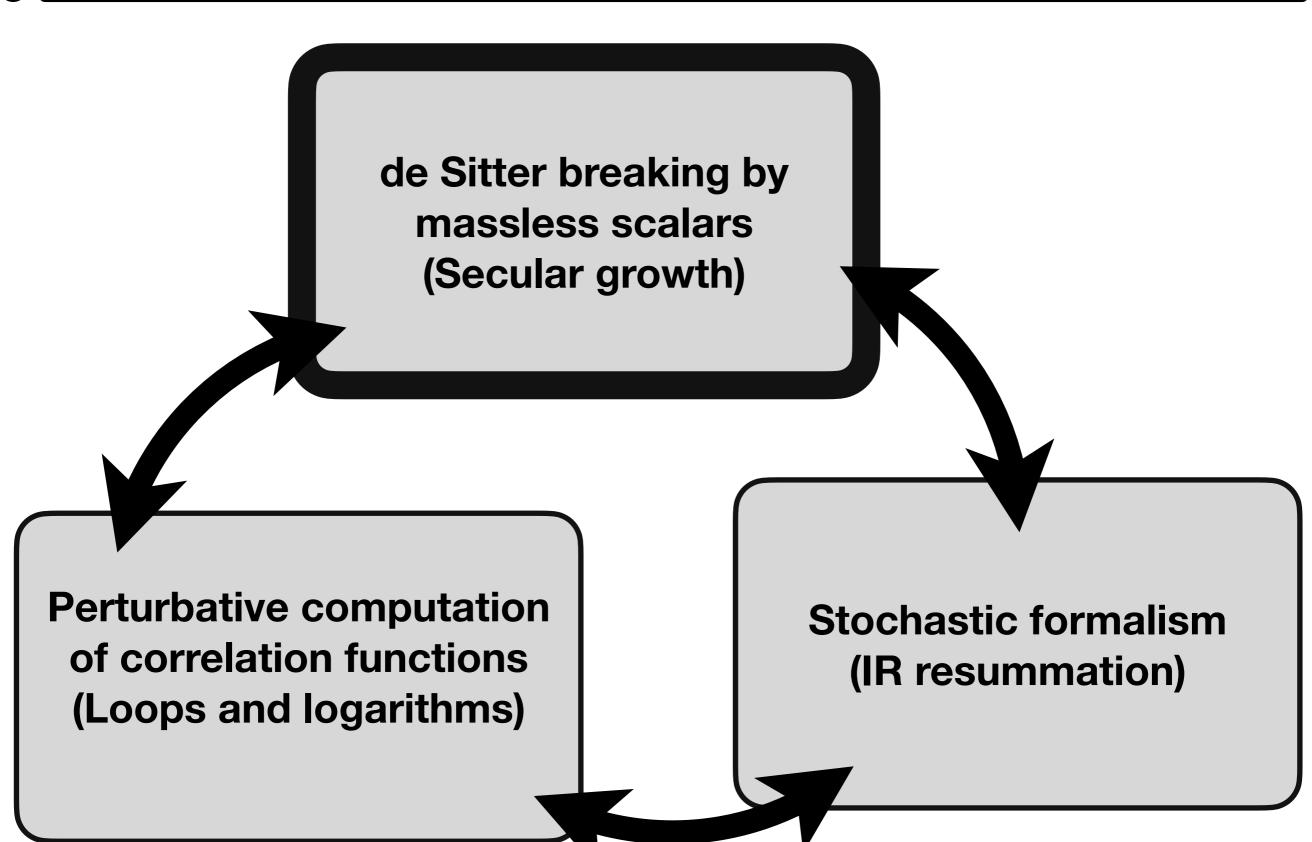
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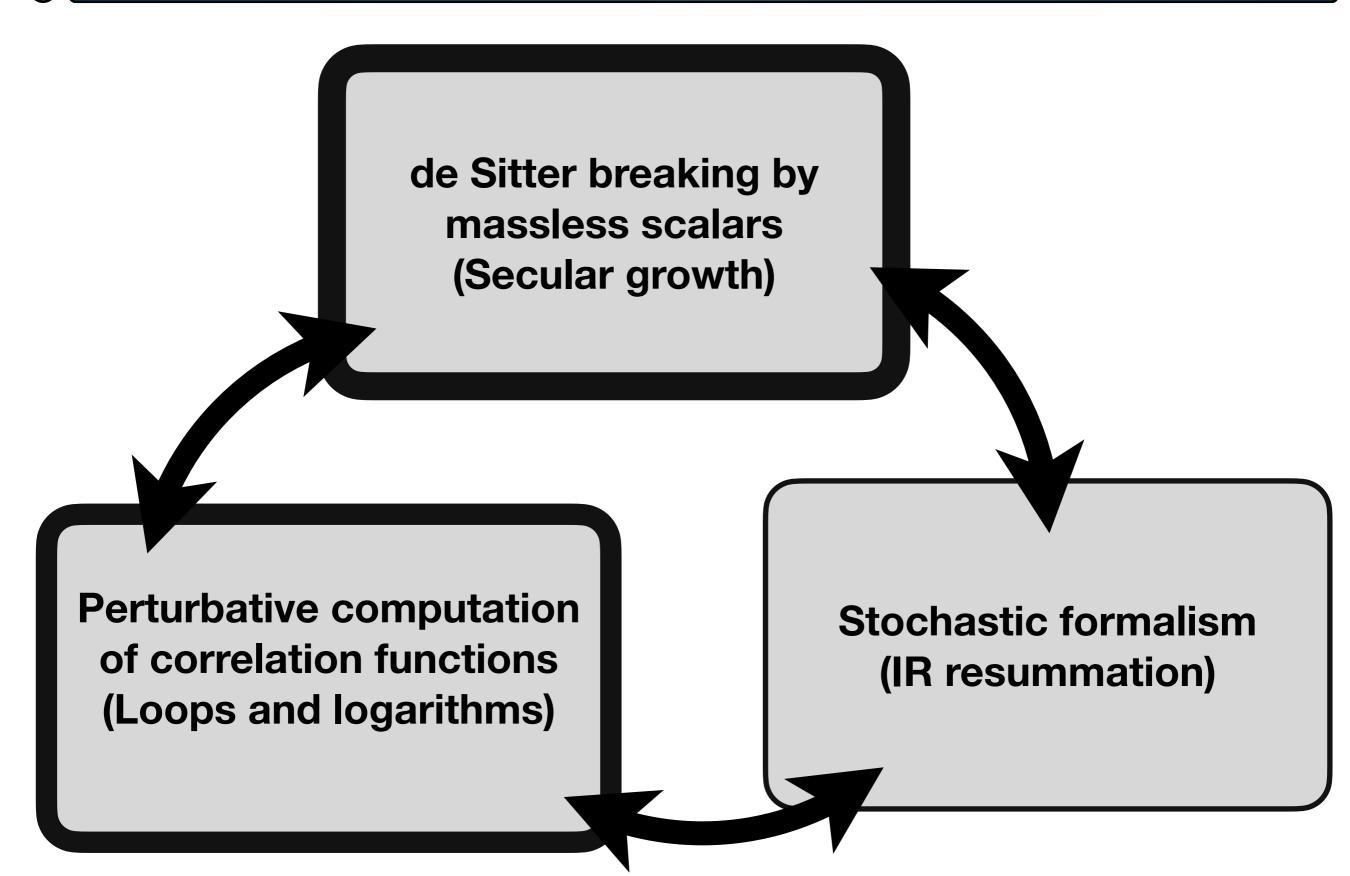
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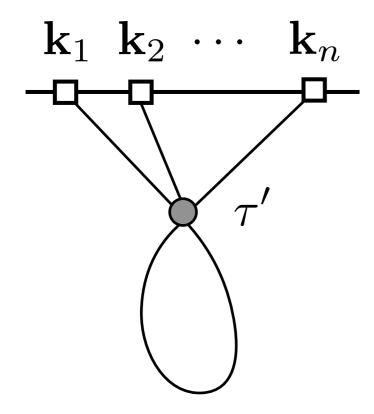
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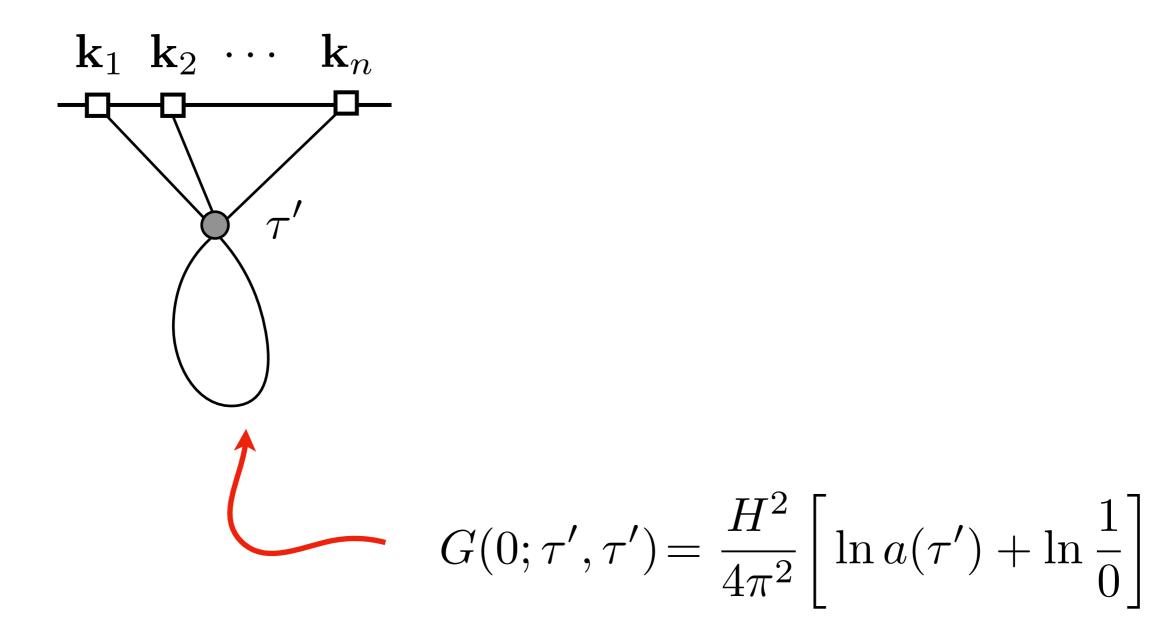
(No secular growth here)

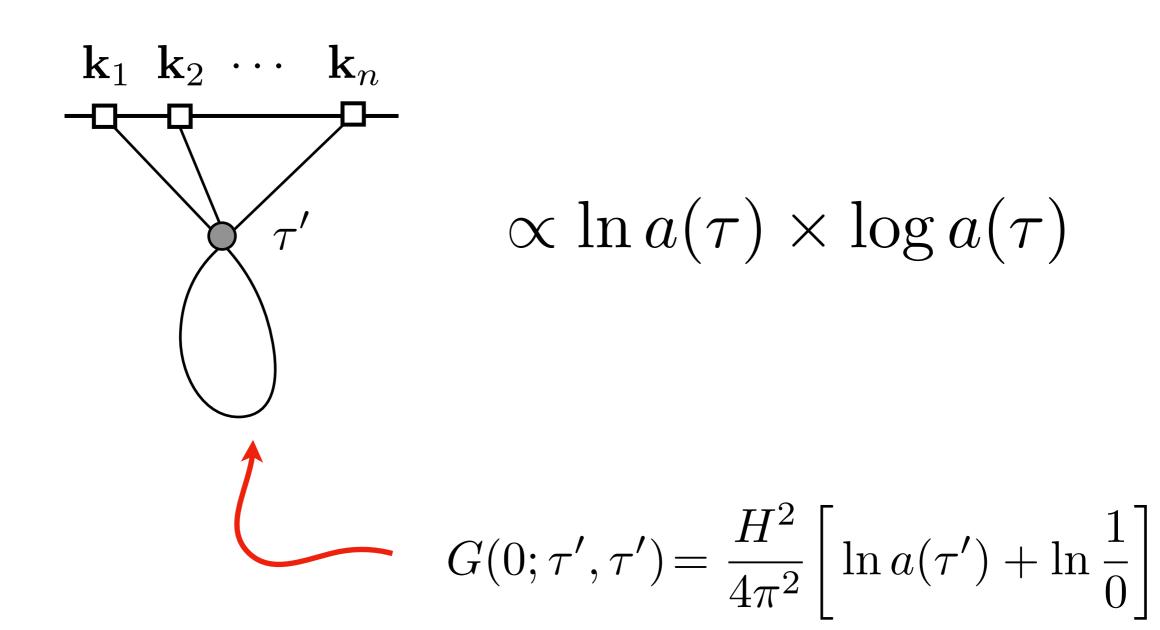
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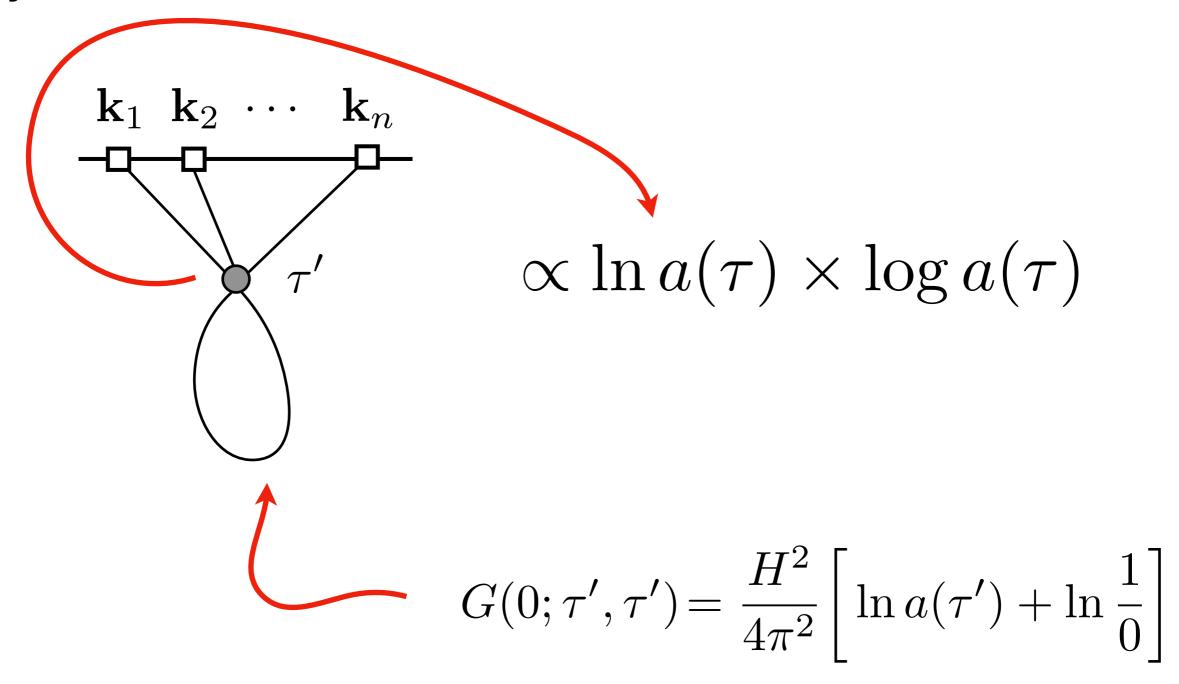


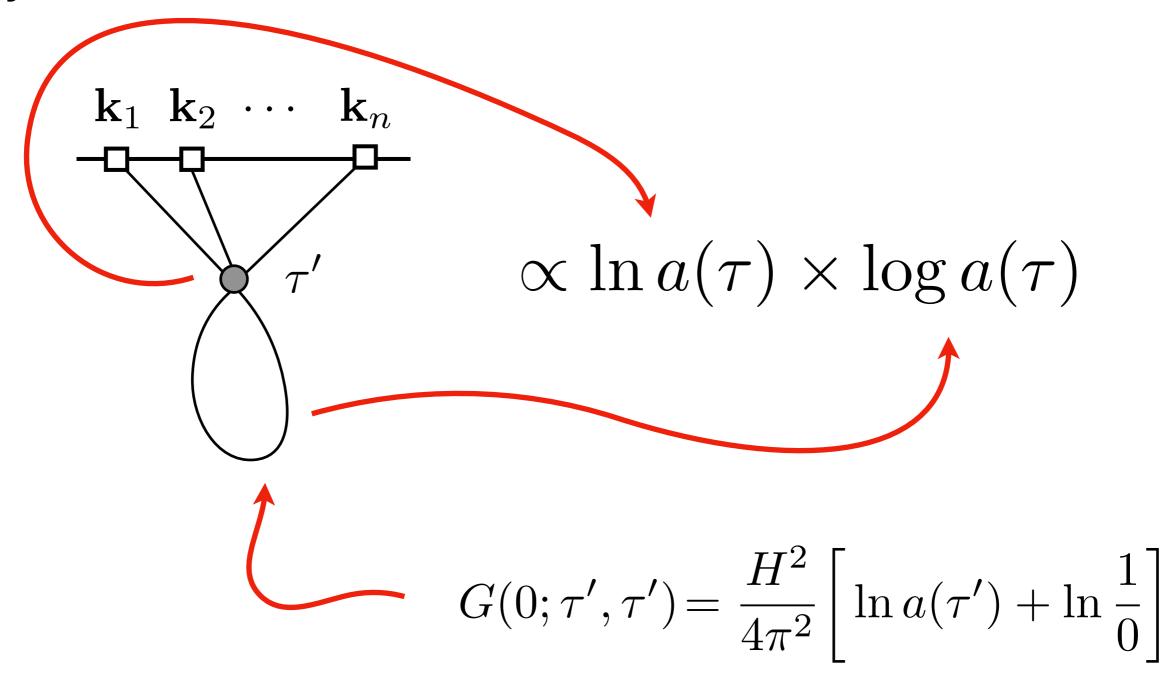




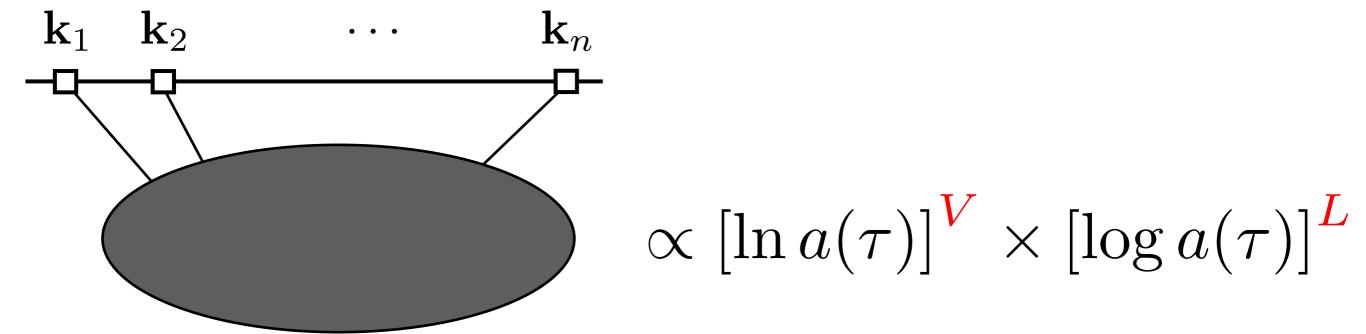




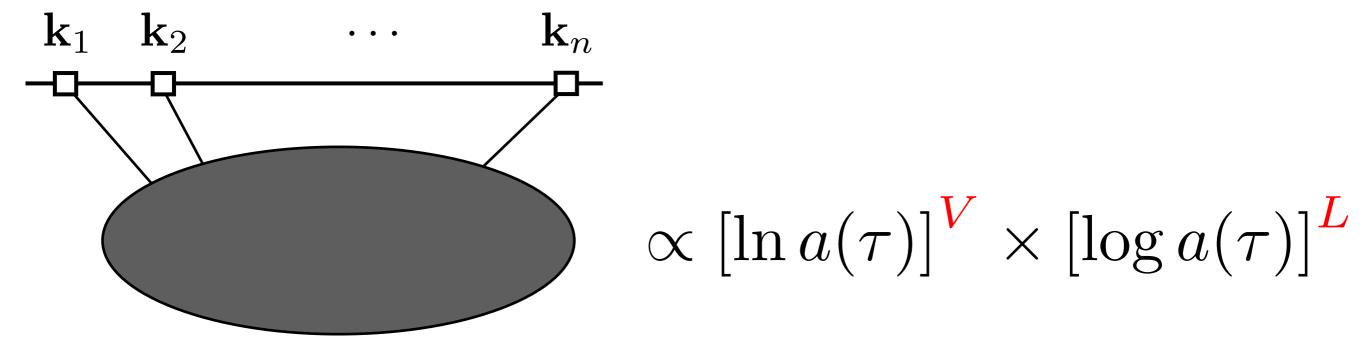








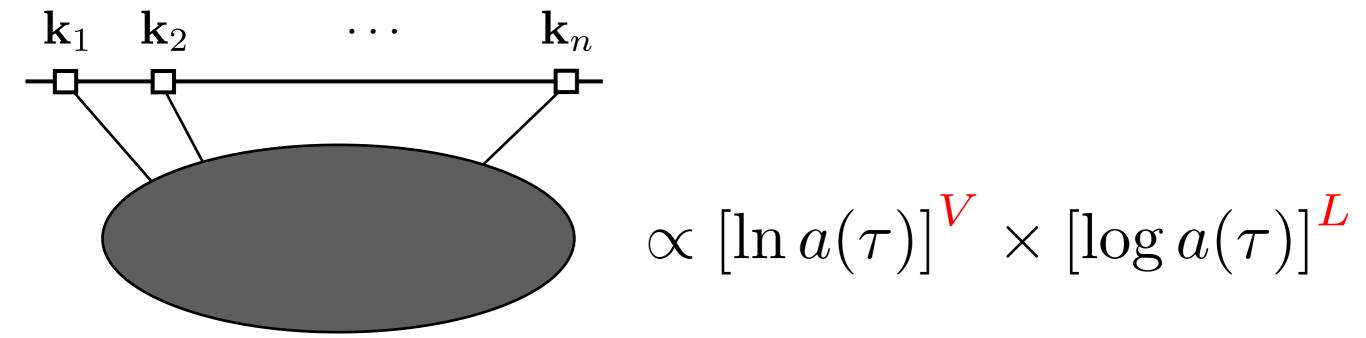


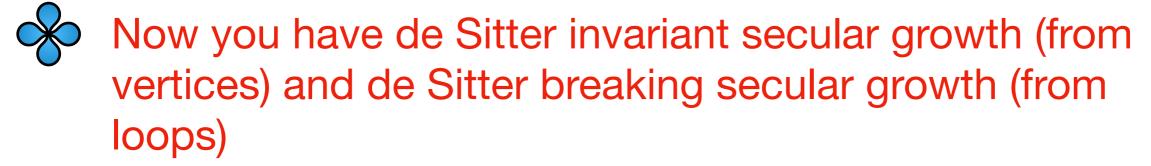




Now you have de Sitter invariant secular growth (from vertices) and de Sitter breaking secular growth (from loops)



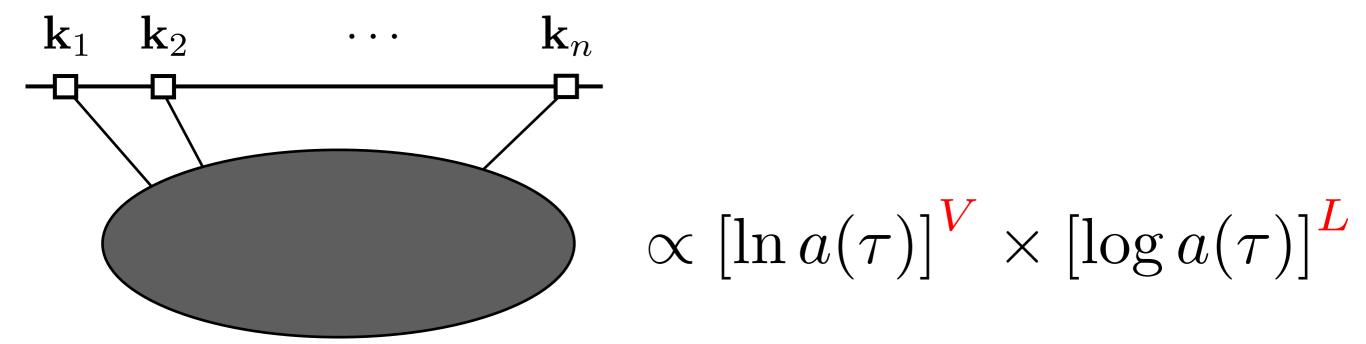






However, on top of giving you secular growth, loops continue to imply IR divergences coming from integrals





- Now you have de Sitter invariant secular growth (from vertices) and de Sitter breaking secular growth (from loops)
- However, on top of giving you secular growth, loops continue to imply IR divergences coming from integrals
- To trust computations in the limit $k_i| au| o 0$ you have to find a way to resume all of these IR contributions

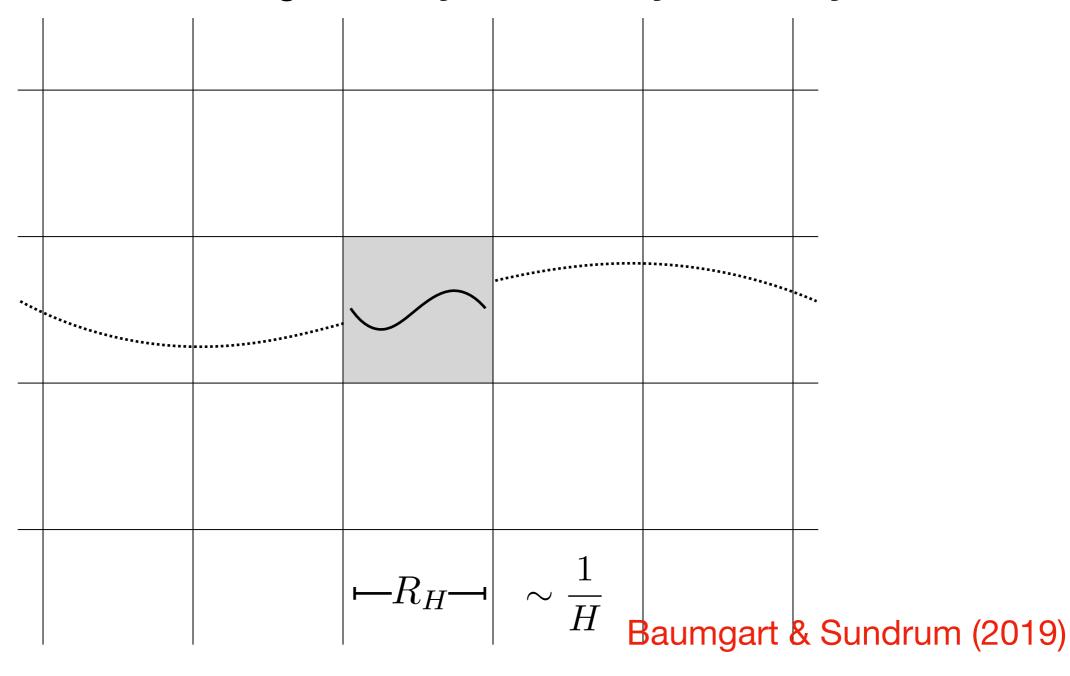
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There is a nice classical argument by Starobinksy and many others:

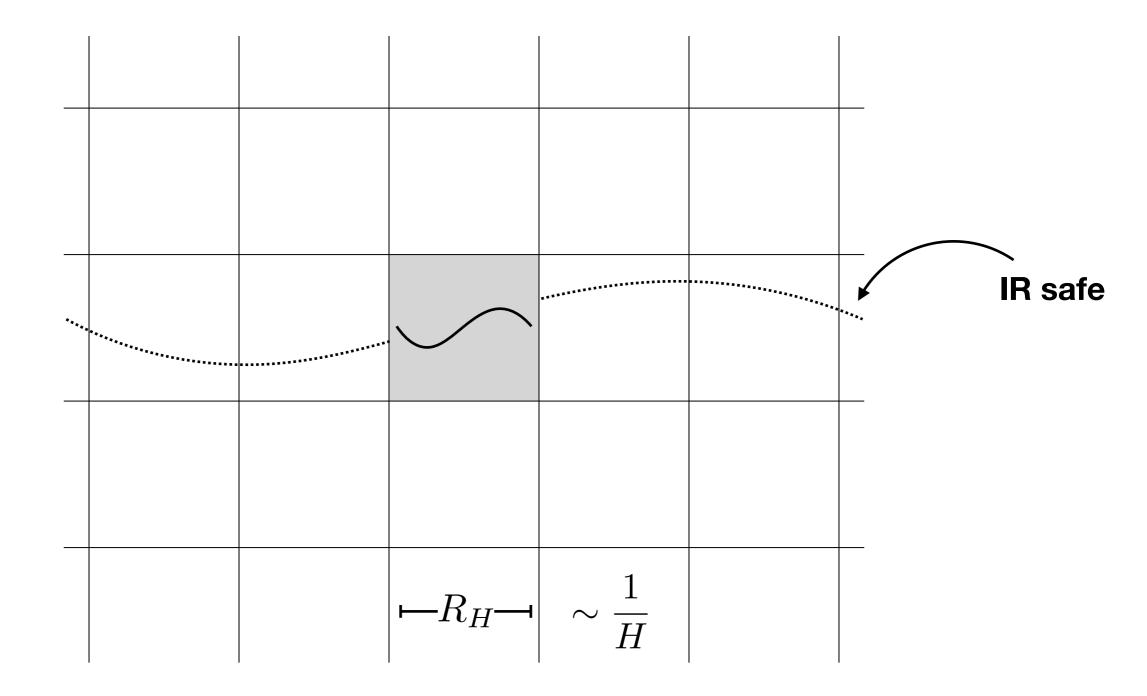
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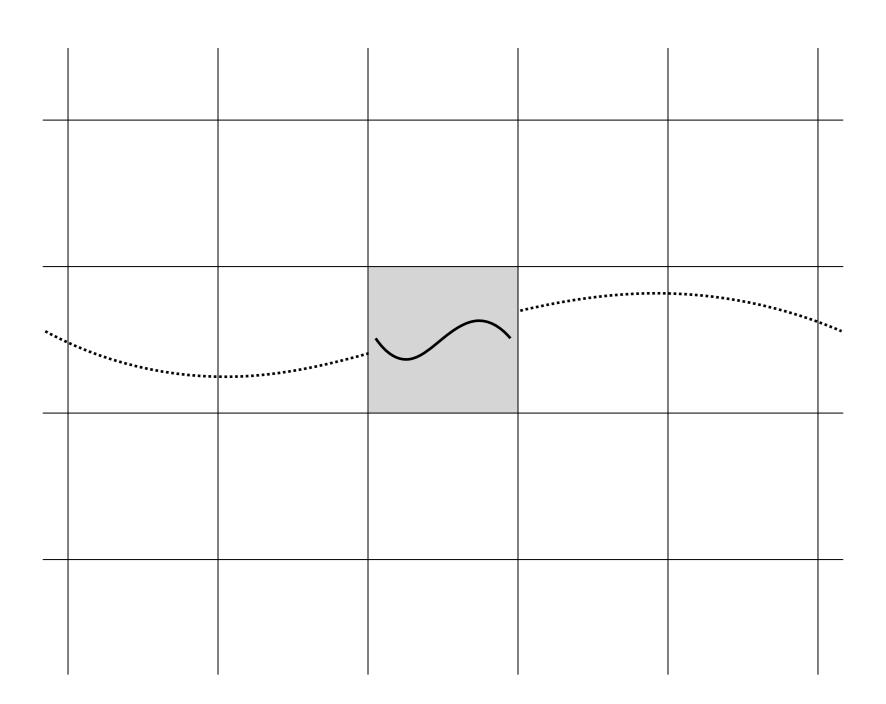
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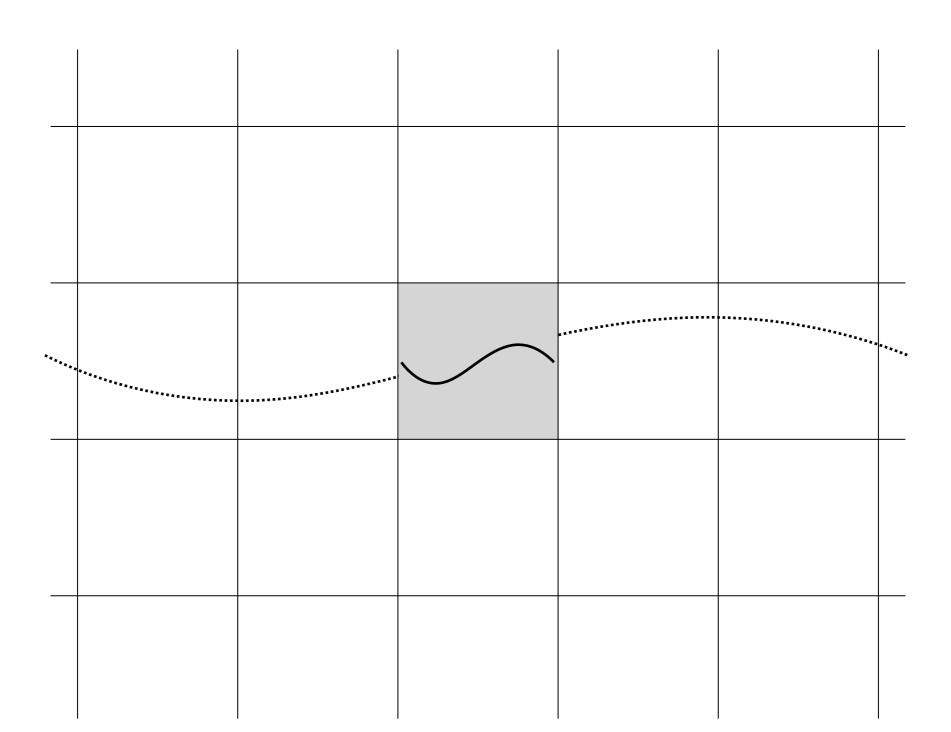


Let's say inflation is preceded by an (IR finite) radiation dominated era

$$\tau = \tau_0$$







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	$\vdash L(\tau) \frown$	



***************************************	***************************************			
			$\sim R_H \frac{a(\tau)}{a(\tau_0)}$	
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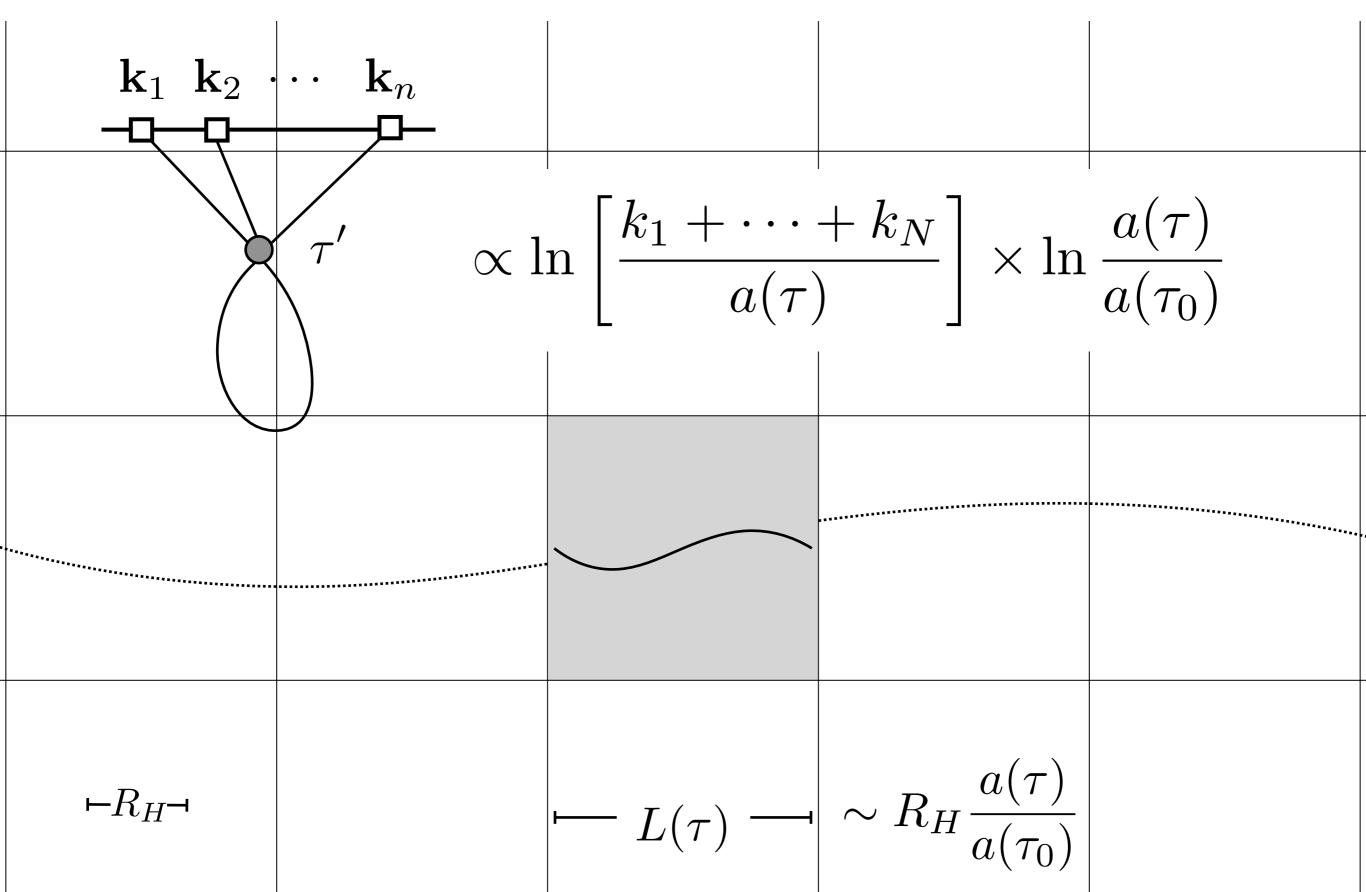
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, D ,		$a(\tau)$	
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\mathbf{k}_1 \mathbf{k}_2 .	\cdots \mathbf{k}_{m}			
——————————————————————————————————————				
	τ'			
***************************************	***************************************			
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What about theories with non-derivative interactions?

$$S = \int d^3x d\tau \, a^4(\tau) \left[\frac{1}{2a^2(\tau)} \dot{\varphi}^2 - \frac{1}{2a^2(\tau)} (\nabla \varphi)^2 - \mathcal{V}(\varphi) \right]$$



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- Here the shift symmetry that led to secular growth is broken
- Therefore, one should not trust the free theory all the down up k=0
- There must exist a lengthscale $\Lambda_{\rm IR}^{-1}$ beyond which the evolution becomes strongly nonlinear

$$k/a(\tau) < \Lambda_{\rm IR}$$

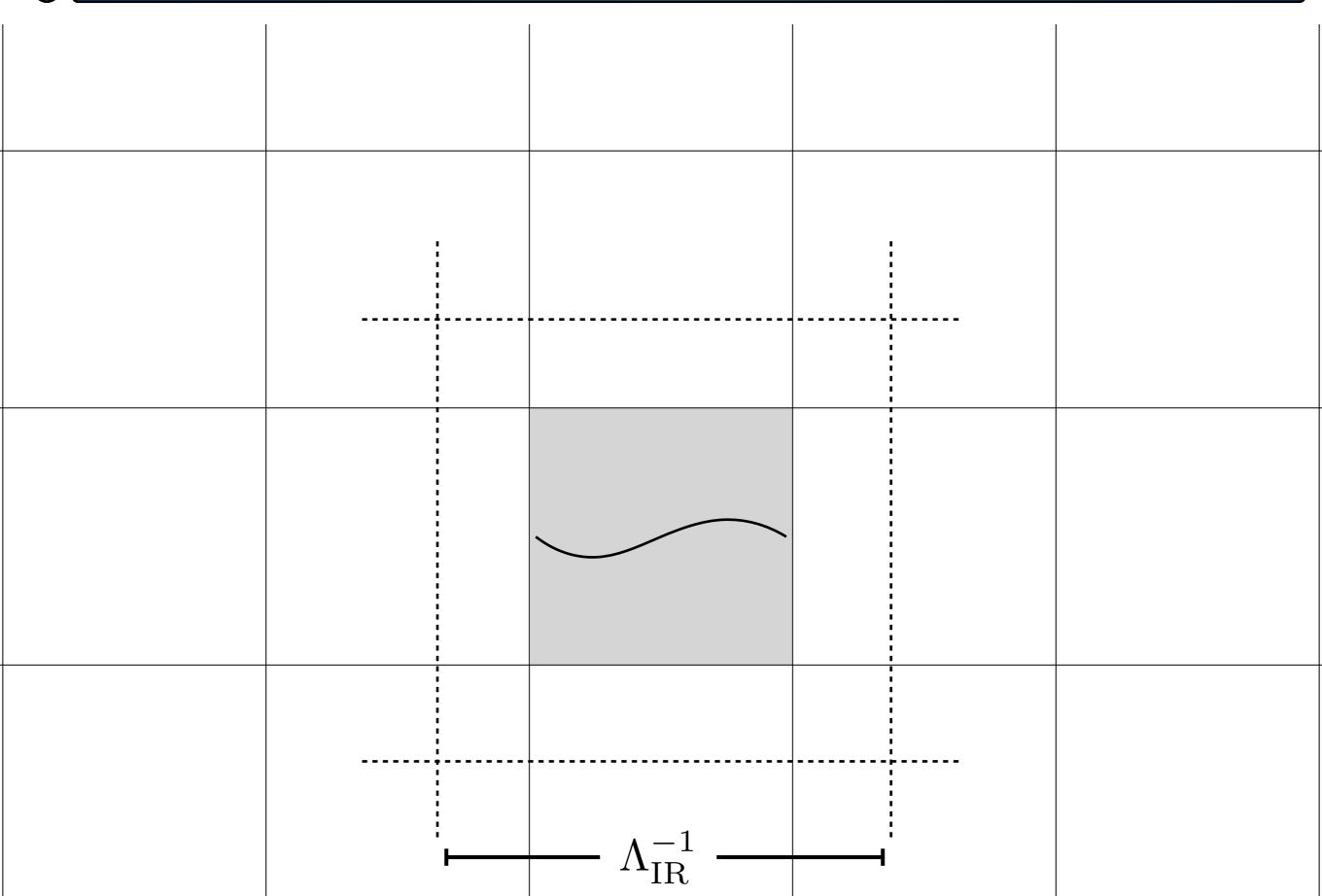


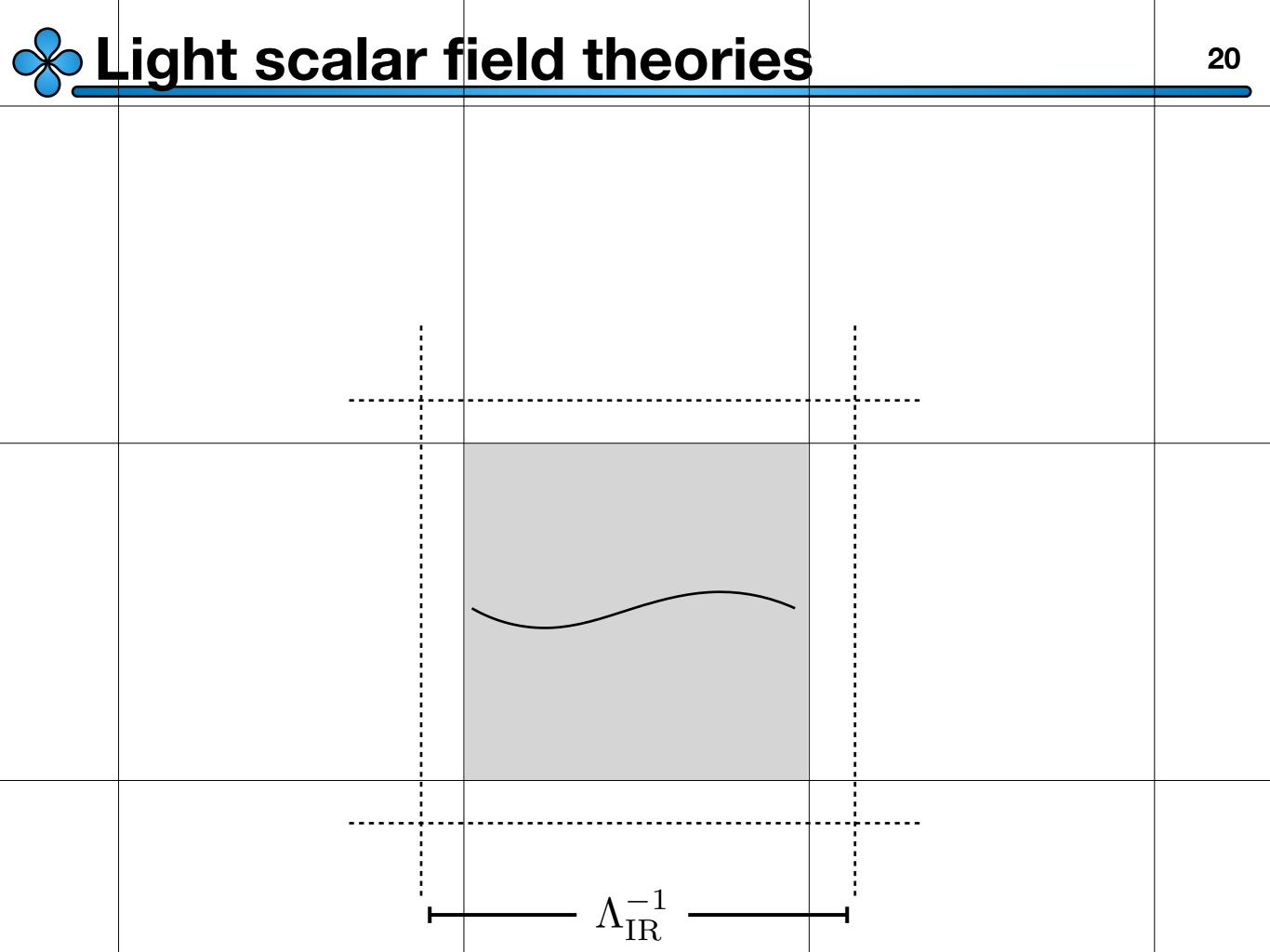
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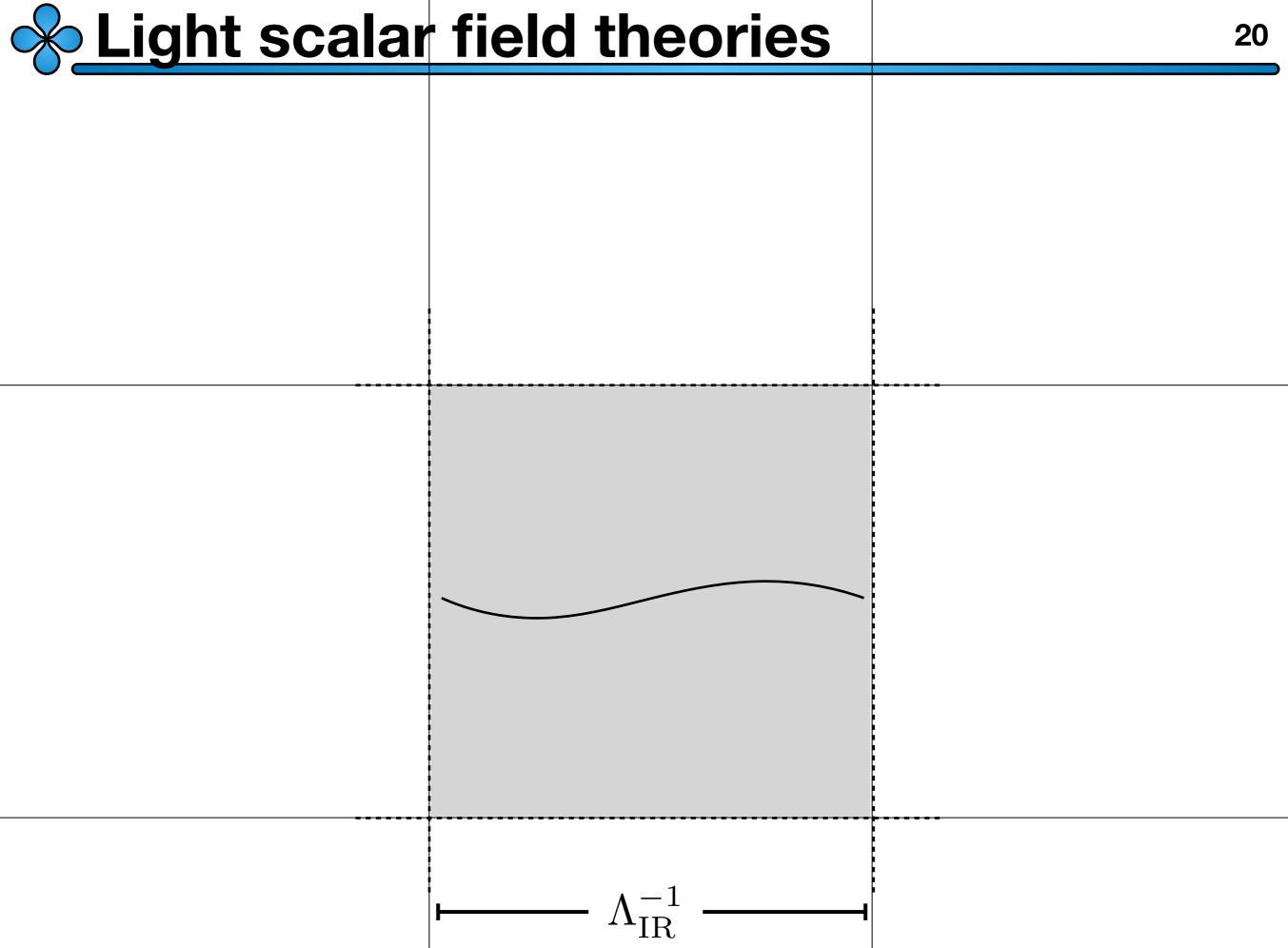
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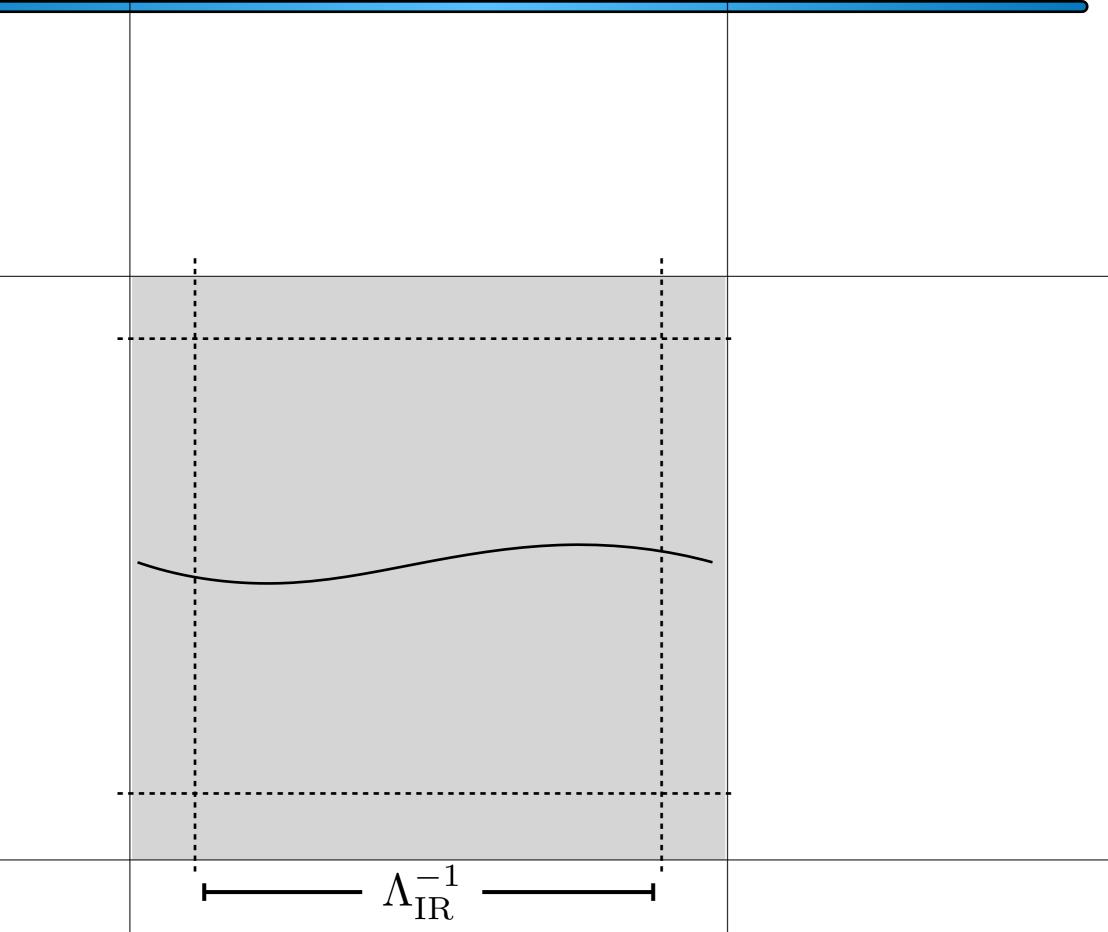




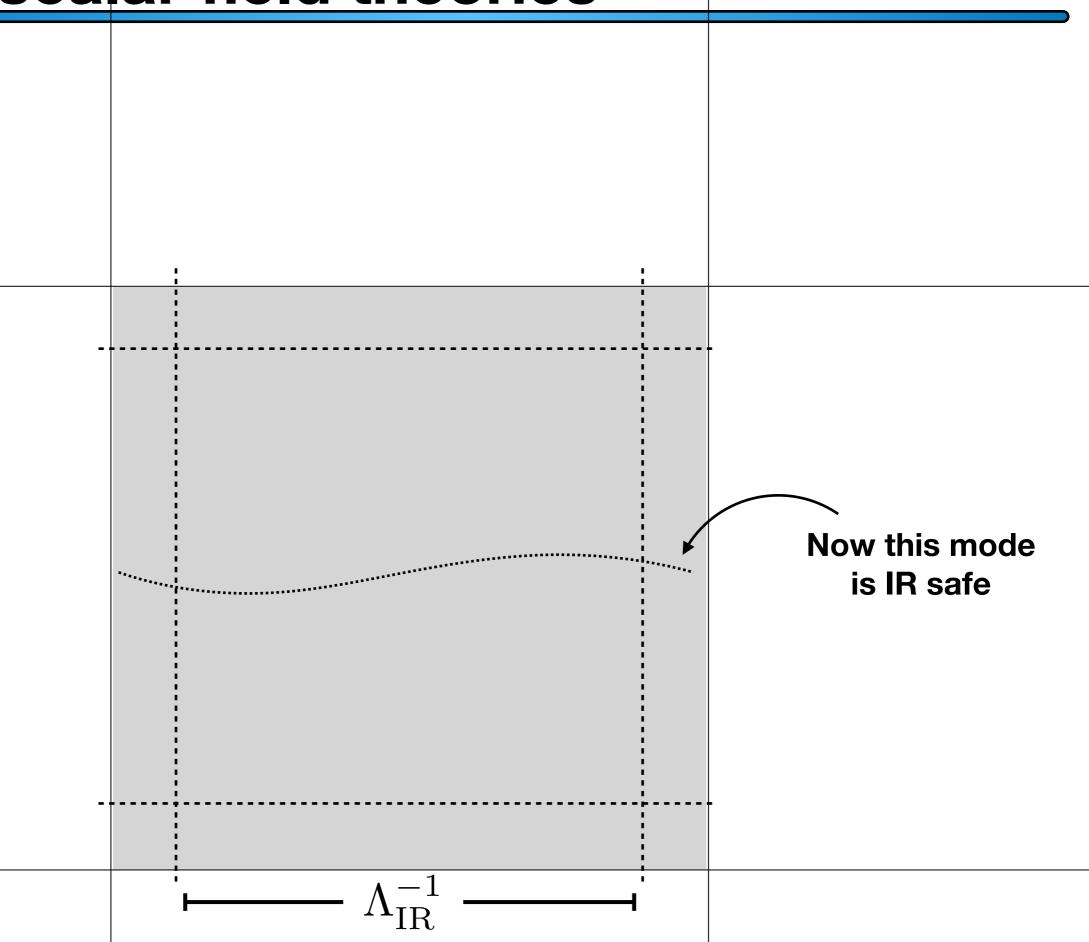




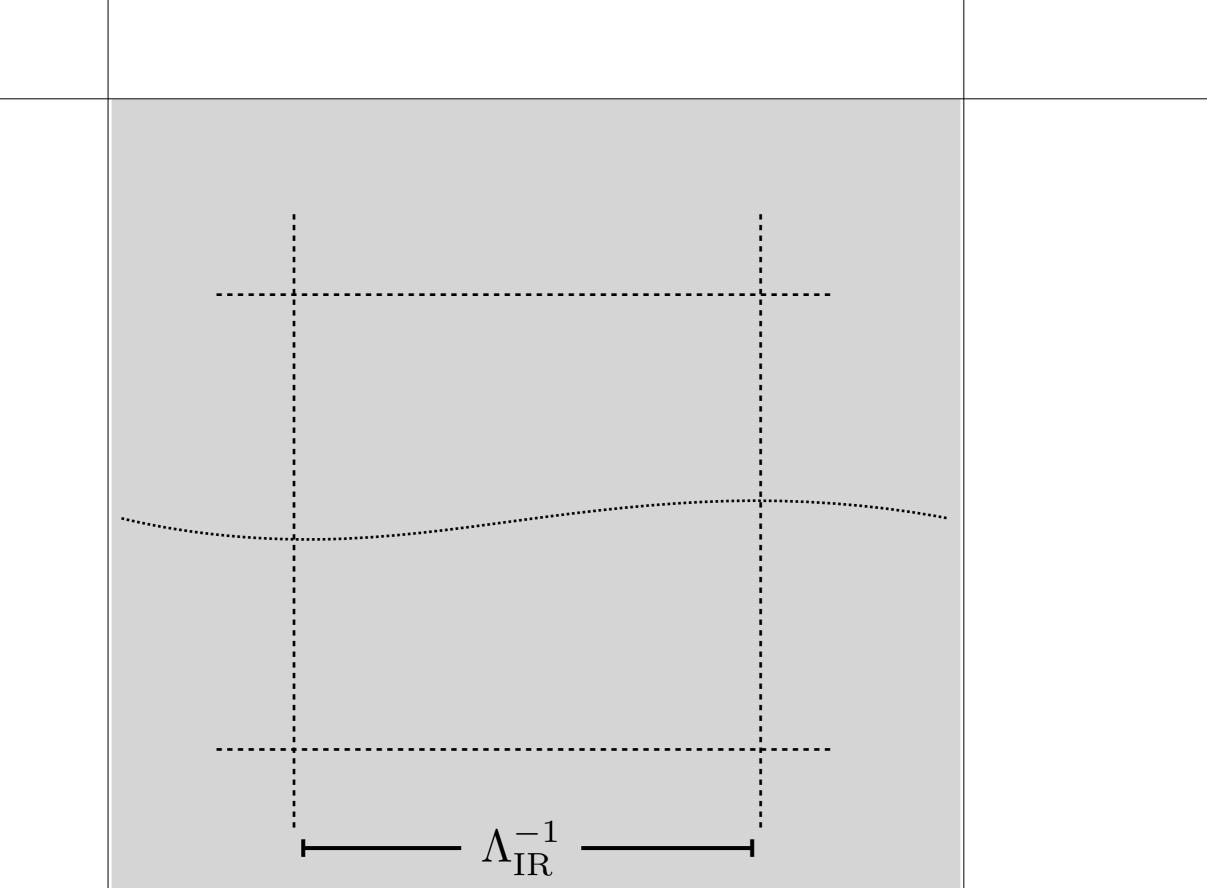


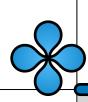


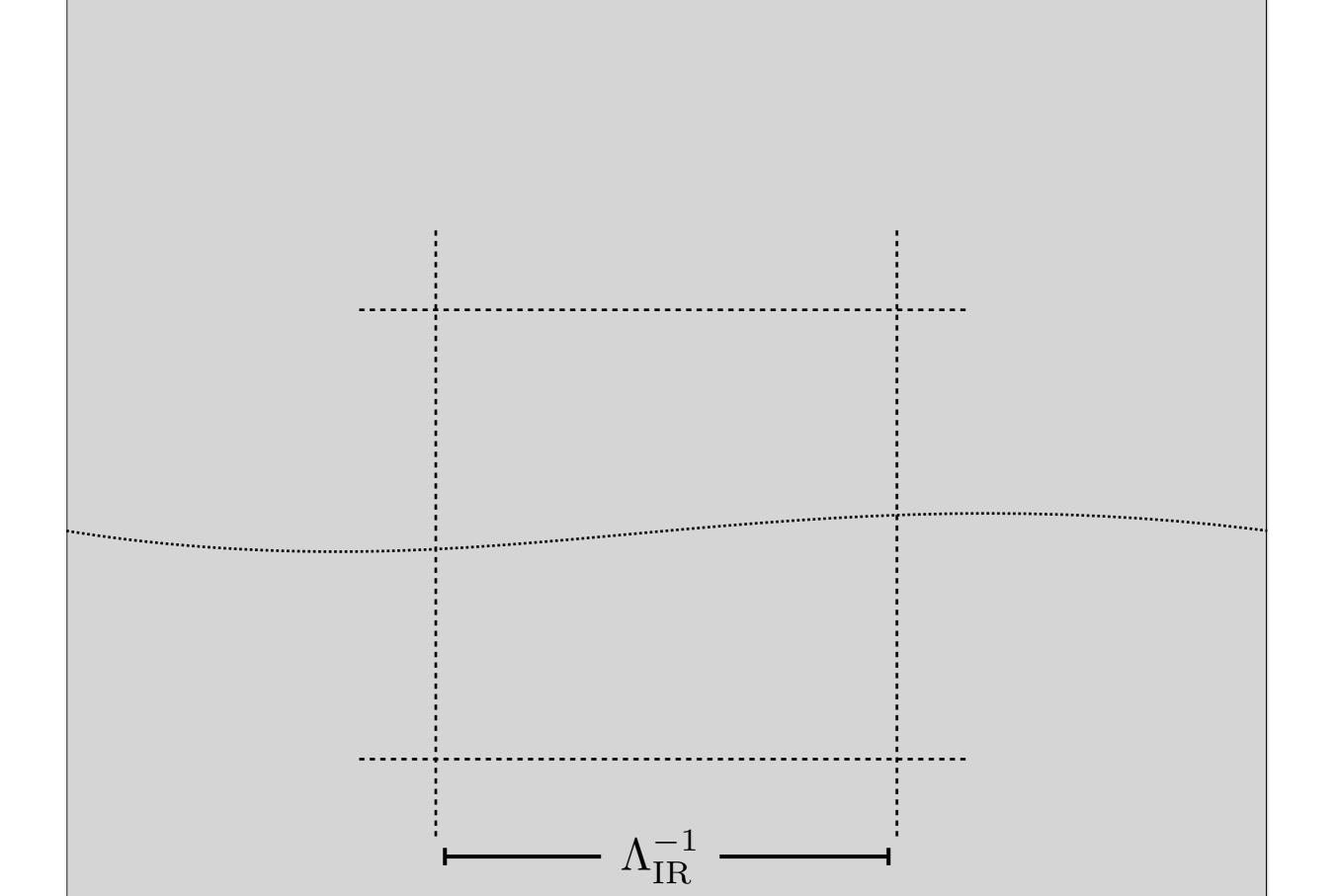


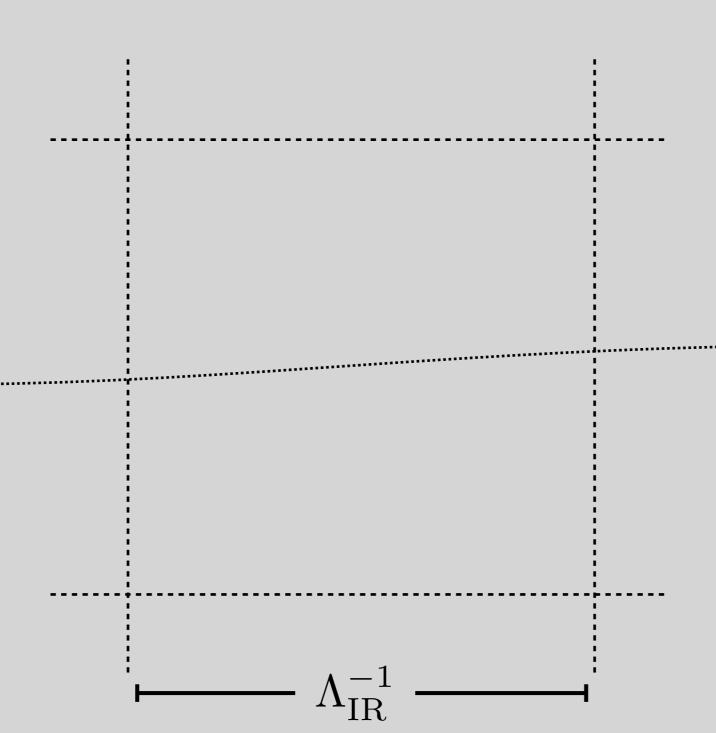


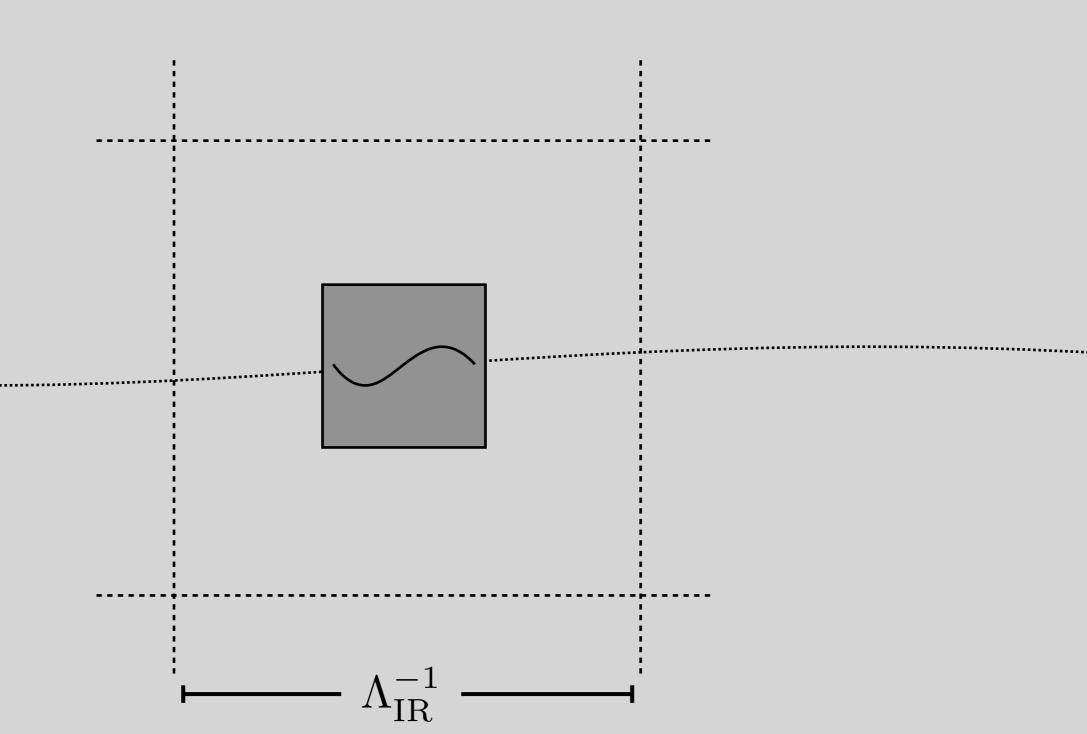




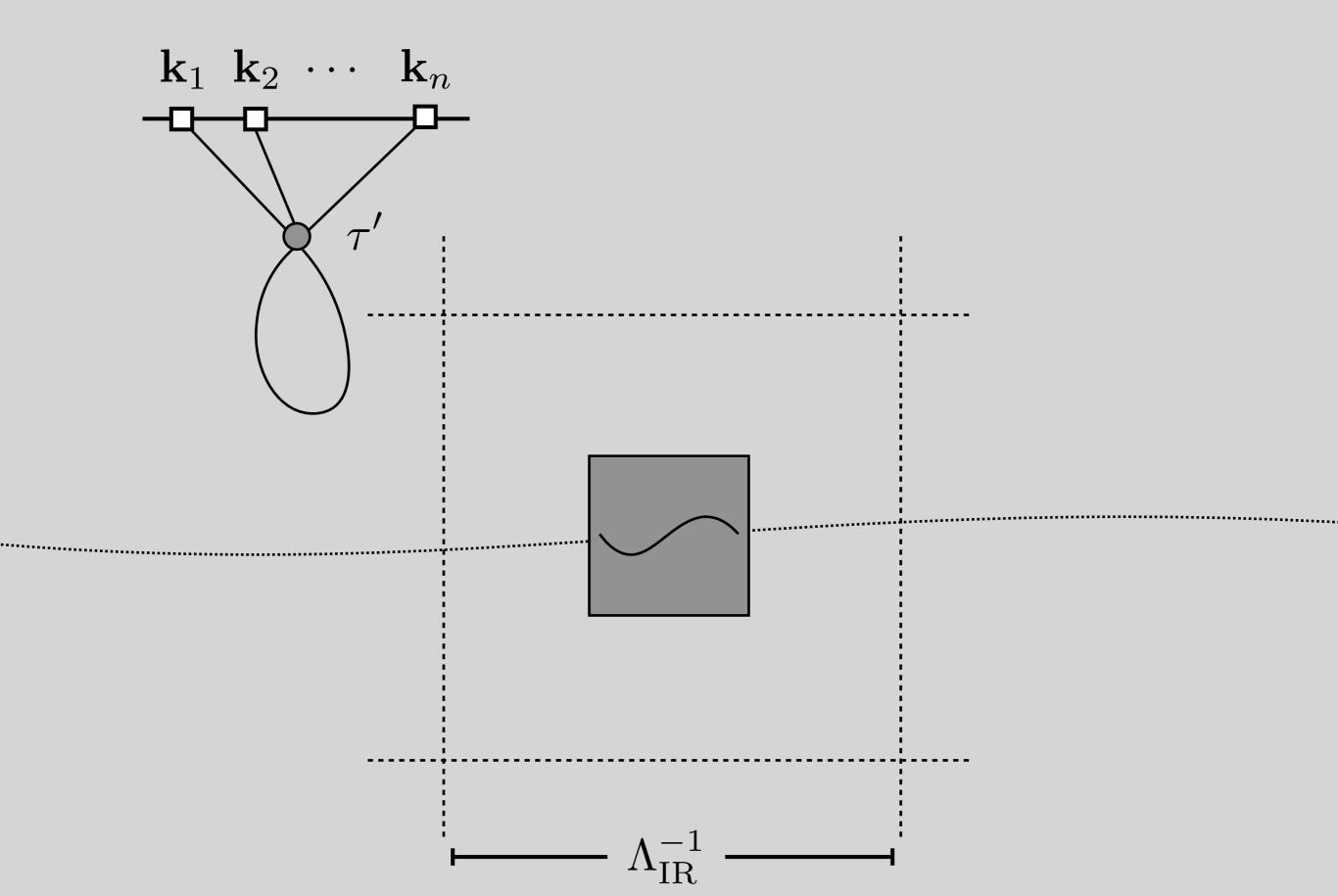




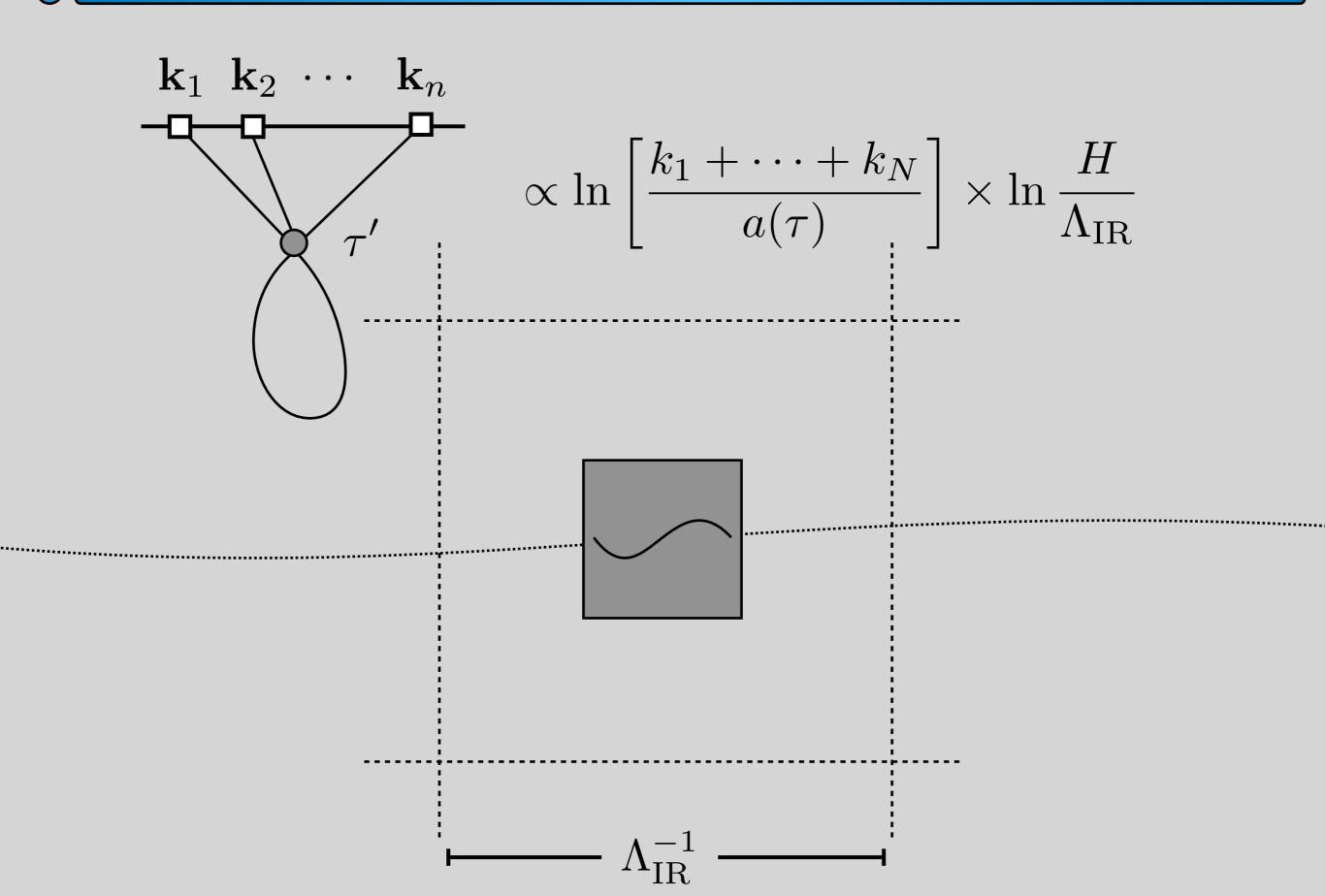














There is an associated mass scale

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$$|f_k(\tau)|^2 \sim \frac{1}{k^3} (k|\tau|)^{2m^2/3H^2}$$



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However, loops are regulated by m in a dS invariant way



$$G(|\mathbf{x} - \mathbf{x}'|; \tau, \tau') = \frac{1}{2\pi^2} \int_0^\infty \frac{dk}{k} \left(k^3 f_k(\tau) f_k^*(\tau') \frac{\sin(k|\mathbf{x} - \mathbf{x}'|)}{k|\mathbf{x} - \mathbf{x}'|} \right)$$



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(With a physical cutoff)
$$\Lambda = H e^{-\frac{2H^2}{2m^2}}$$



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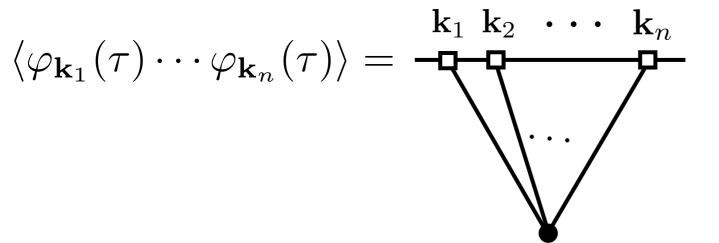
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All of these procedures yield a dS invariant result!

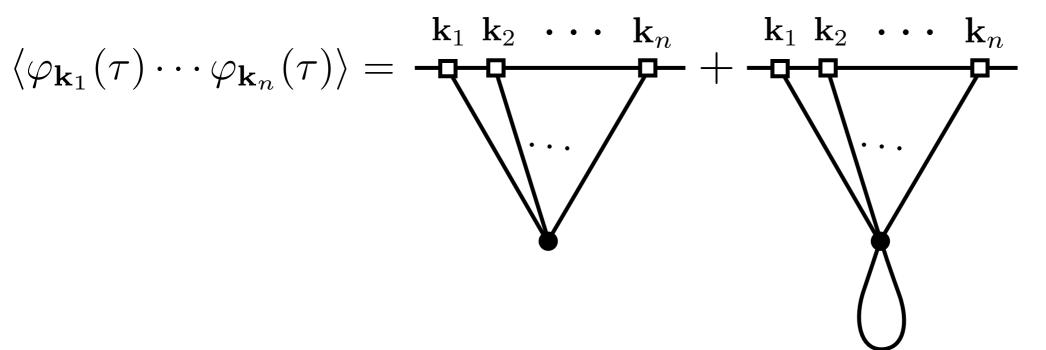
Example: Daisy loops

There is a case that you can resolve exactly with a massive field:

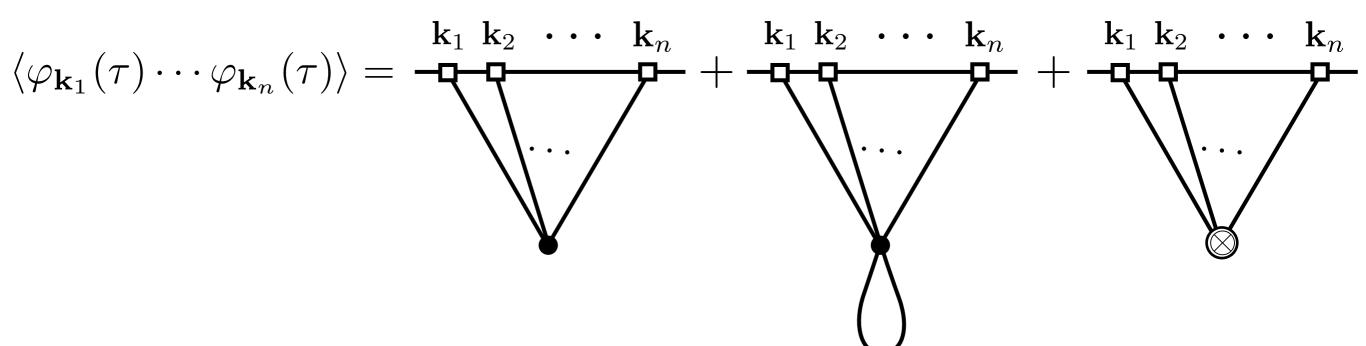


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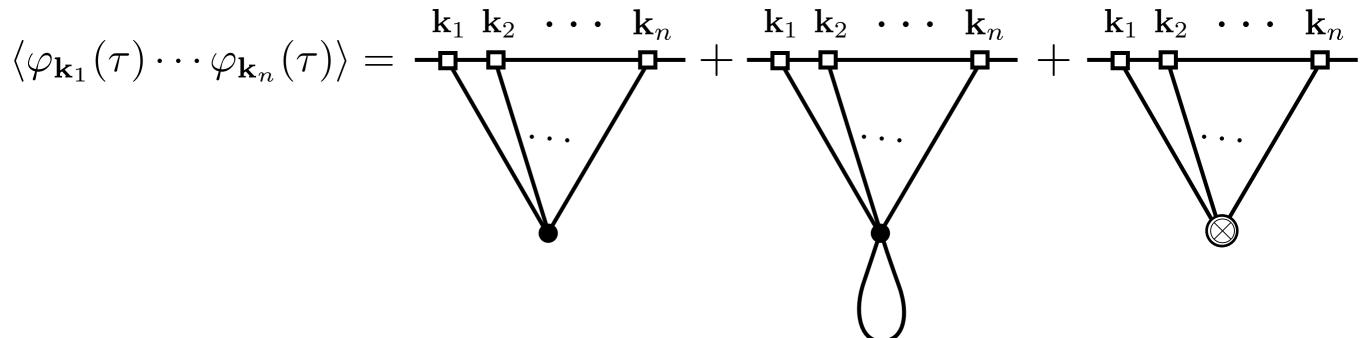
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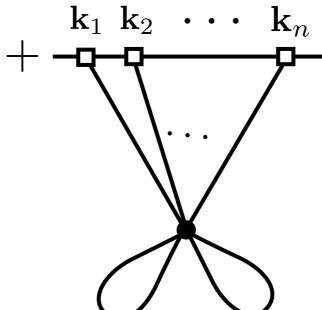






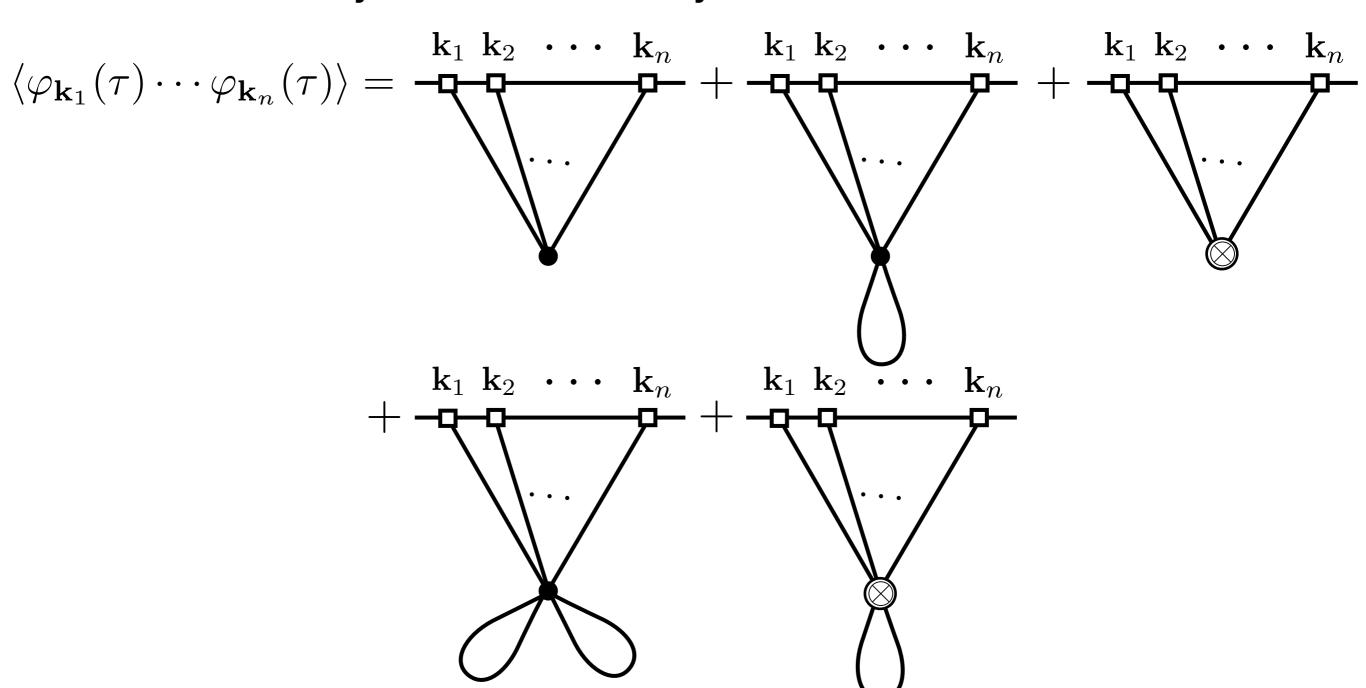






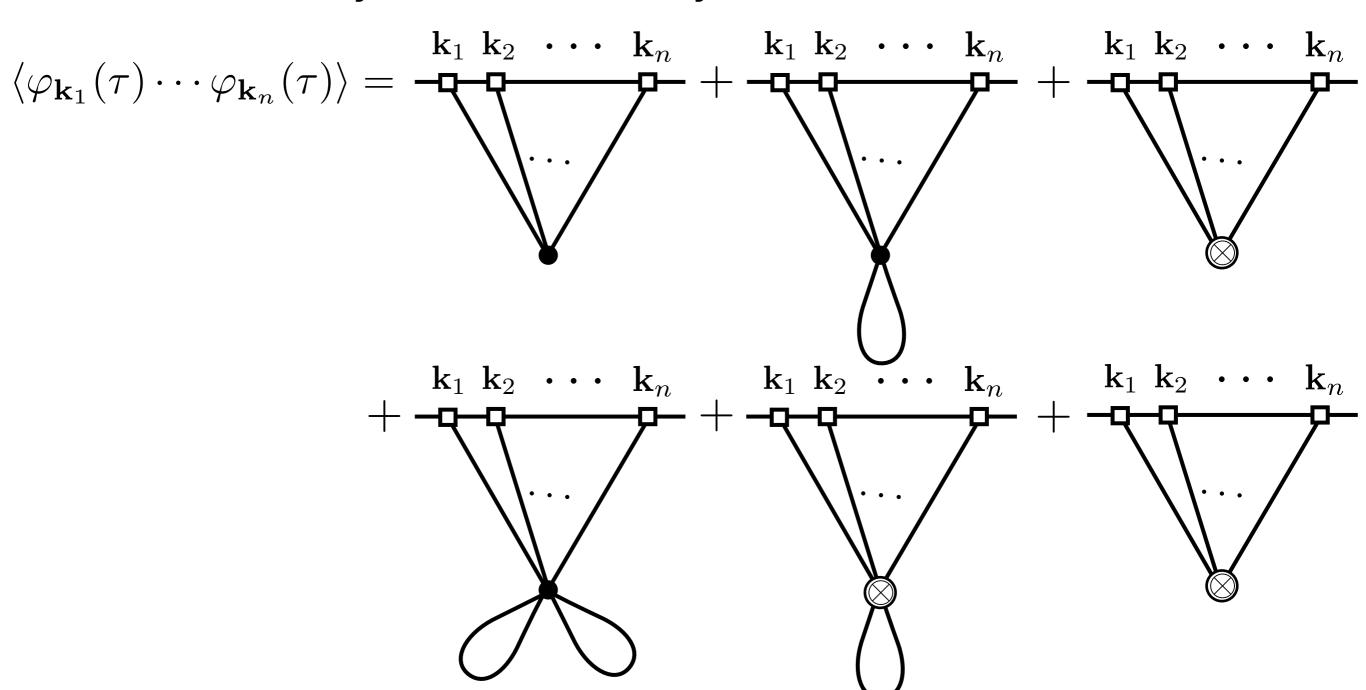
Huenupi, Hughes, GAP & Sypsas (2024)





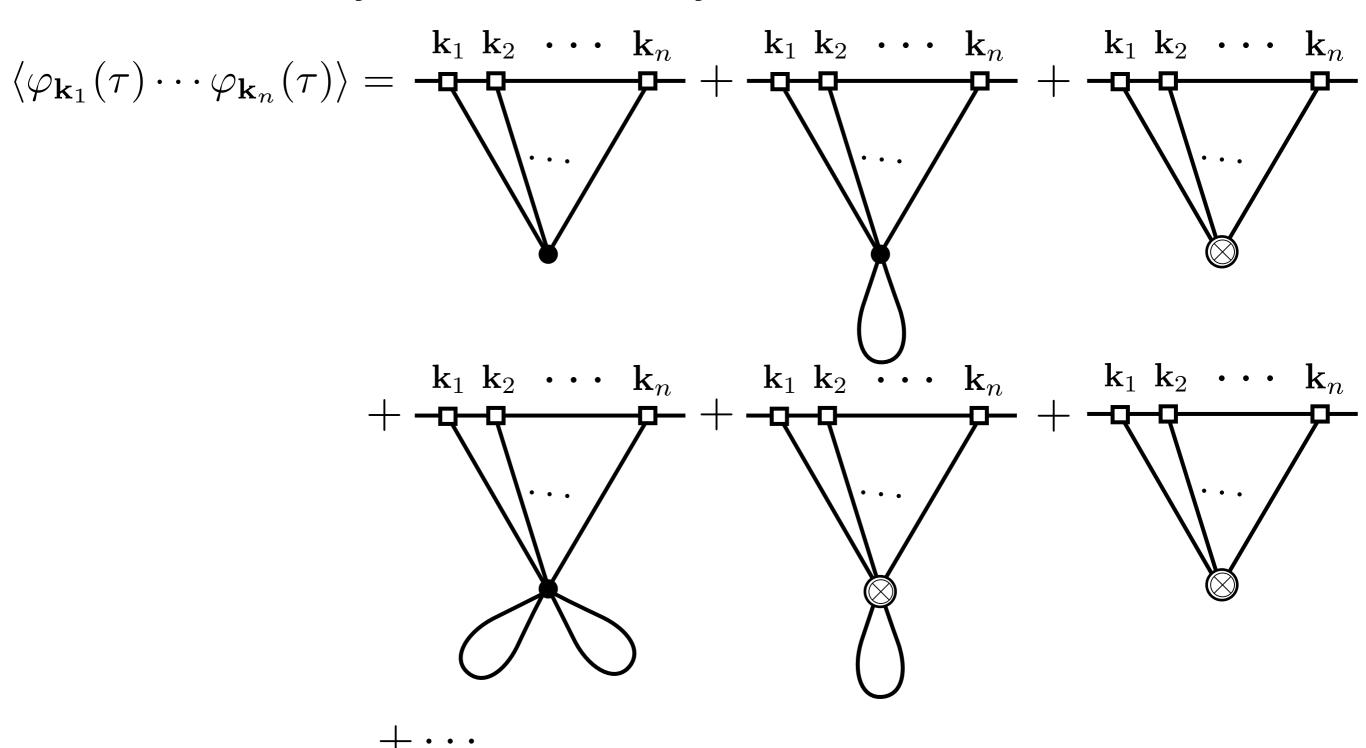
Huenupi, Hughes, GAP & Sypsas (2024)





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 $\mathbf{k}_1 \; \mathbf{k}_2 \; \cdots \; \mathbf{k}_n$

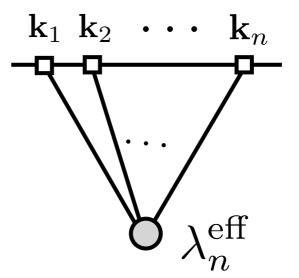


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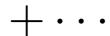
 $\langle \varphi_{\mathbf{k}_1}(\tau) \rangle$

The summation gives you back an exact result valid to all orders in loops proportional to a tree-level diagram

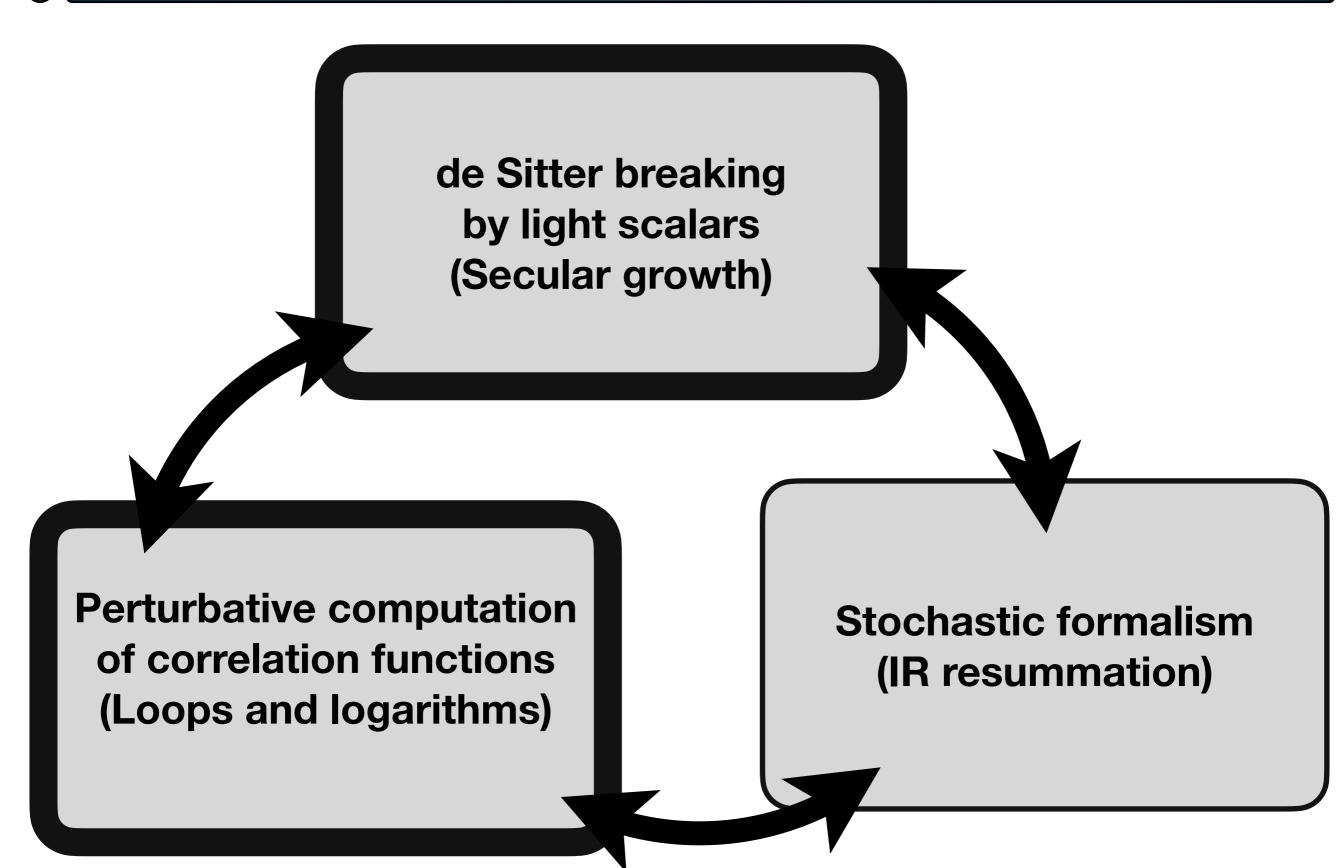
$$\langle \varphi_{\mathbf{k}_1}(\tau) \cdots \varphi_{\mathbf{k}_n}(\tau) \rangle =$$

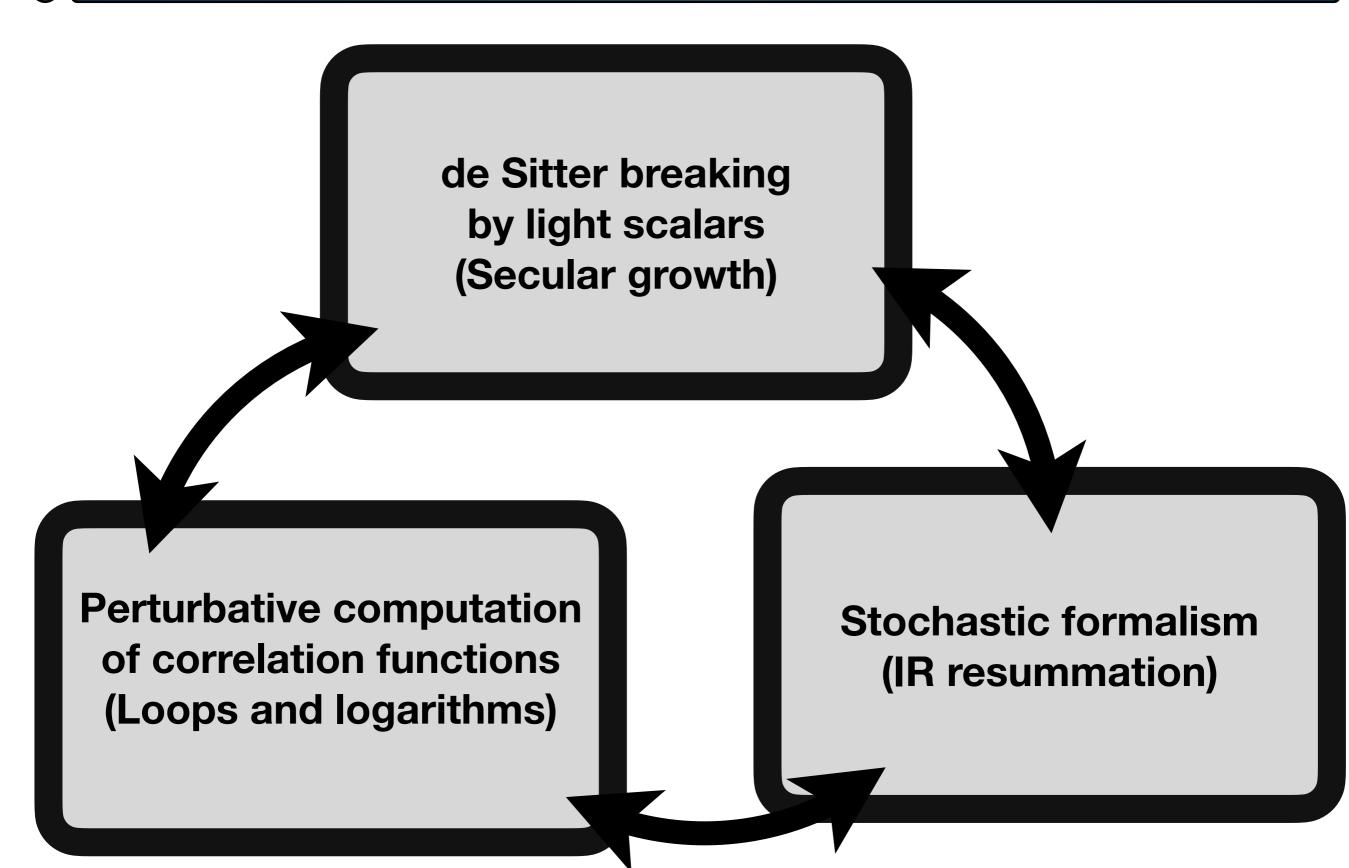


Now you can go back to $\,m=0\,$ with no secular growth to be found!!!



Huenupi, Hughes, GAP & Sypsas (2024)







There is a connection between the stochastic formalism and loop corrections to correlation functions (established by Woodard and Tsamis)

A cumulant is a connected n-point function evaluated at coincident point

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Co-moving





There must exists a probability density function (PDF) allowing to compute cumulants

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(Starobinsky & Yokoyama)

$$\frac{d}{dt}\rho = \left| \frac{H^3}{8\pi^2} \frac{\partial^2}{\partial \varphi^2} \rho + \frac{1}{3H} \frac{\partial}{\partial \varphi} \left(\rho \mathcal{V}' \right) \right|$$



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$$\mathcal{V}(\varphi) = \sum \frac{\lambda_{m}}{m!} \varphi^{m}$$

(Tsamis & Woodard)



Tsamis & Woodard:

$$\frac{d}{dt} \left\langle \varphi^n \right\rangle = n(n-1) \frac{H^3}{8\pi^2} \left\langle \varphi^{n-2} \right\rangle - \frac{n}{3H} \sum_{m=2}^{\infty} \frac{\lambda_m}{(m-1)!} \left\langle \varphi^{m+n-2} \right\rangle$$



Tsamis & Woodard:

$$\frac{d}{dt} \left\langle \varphi^n \right\rangle = n(n-1) \frac{H^3}{8\pi^2} \left\langle \varphi^{n-2} \right\rangle - \frac{n}{3H} \sum_{m=2}^{\infty} \frac{\lambda_m}{(m-1)!} \left\langle \varphi^{m+n-2} \right\rangle$$

Then Tsamis & Woodard noticed that this is solved by

$$\left\langle \varphi^{n} \right\rangle = -\frac{4\pi^{2}n}{3H^{4}} \left(\sigma^{2}(t) \right)^{n} \sum_{L=0}^{\infty} \frac{\lambda_{n+2L}}{L!} \frac{1}{n+L} \left(\frac{1}{2} \sigma^{2}(t) \right)^{L}$$

Where
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Loop corrections employing a co-moving IR cutoff !!!



$$\ddot{\varphi} + 3H\dot{\varphi} - \frac{1}{a^2}\nabla^2\varphi + \mathcal{V}' = 0$$



$$\mathbf{W} \left\{ \ddot{\varphi} + 3H\dot{\varphi} - \frac{1}{a^2} \nabla^2 \varphi + \mathcal{V}' \right\} = 0$$



$$W\left\{ \dot{\mathcal{W}} + 3H\dot{\varphi} - \frac{1}{\alpha^2} \nabla^2 \varphi + \mathcal{V}' \right\} = 0$$



Where the noise is
$$\hat{\xi} \equiv H^{-1} \int_{\mathbf{k}} \left(\frac{d}{dt} W(k) \right) \, \tilde{\varphi}_{\mathbf{k}}(t)$$



$$\dot{\varphi}_w + \frac{1}{3H} W \{ \mathcal{V}'(\varphi) \} = H \hat{\xi}(t)$$



Now you have:

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The next assumption is:

$$W\{\mathcal{V}'(\varphi)\} \simeq \mathcal{V}'(W\varphi)$$



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This leads to the Fokker-Planck eq. found by Starobinsky



Now you have:

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The next assumption is:

$$W\Big\{\mathcal{V}'(\varphi)\Big\}\simeq\mathcal{V}'(W\varphi)$$

This assumption leads to the Langevin equation:

But wait a second.

This assumption is invalid!

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This leads to the Fokker-Planck eq. found by Starobinsky



$$\dot{\varphi}_w + \frac{1}{3H} W \{ \mathcal{V}'(\varphi) \} = H \hat{\xi}(t)$$



Now you have:

$$\dot{\varphi}_w + \frac{1}{3H} W \left\{ \mathcal{V}'(\varphi) \right\} = H \hat{\xi}(t)$$

$$\varphi_w(t) = \varphi_G(t) - \frac{1}{3H} \int_{-\infty}^t dt' \, W \left\{ \frac{d\mathcal{V}}{d\varphi} [\varphi(t', x)] \right\}$$



Now you have:

$$\dot{\varphi}_w + \frac{1}{3H} W \left\{ \mathcal{V}'(\varphi) \right\} = H \hat{\xi}(t)$$

$$\Rightarrow \varphi_w(t) = \varphi_G(t) - \frac{1}{3H} \int_{-\infty}^{t} dt' \, W \left\{ \frac{d\mathcal{V}}{d\varphi} [\varphi(t', x)] \right\}$$



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Instead, let's integrate

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Now we can compute cumulants:

$$\left\langle \varphi^{n}(t) \right\rangle = -\frac{n}{3H} \int_{t_{i}}^{t} dt' \left\langle \varphi_{G}^{n-1}(t) \frac{d\mathcal{V}}{d\varphi} [\varphi(t')] \right\rangle$$



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External legs



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External legs

Daisy loops



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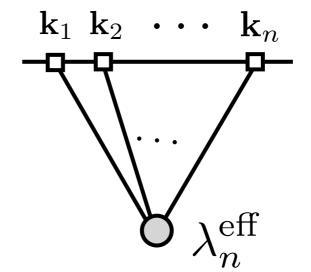
If you choose comoving cutoffs, then you recover Starobinksy's result If you choose a physical cutoff, you recover a different Fokker-Planck eq. (See Spyros talk)



If you choose a physical cutoff you recover cumulants computed out of the exact result

$$\left\langle \varphi^n(t) \right\rangle$$

$$\langle \varphi_{\mathbf{k}_1}(\tau) \cdots \varphi_{\mathbf{k}_n}(\tau) \rangle =$$



Recall that this result is free of dS breaking secular growth

Now you have to decide how to cutoff loops

If you choose comoving cutoffs, then you recover Starobinksy's result

If you choose a physical cutoff, you recover a different Fokker-Planck eq.

(See Spyros talk)



Summary:



There is a systematic way to connect the stochastic formalism with perturbation theory



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- There is a systematic way to connect the stochastic formalism with perturbation theory
- This can be done exactly to first order with respect to the potential (where loops appear in the form of daisy loops)
- The Fokker-Planck equation turns out to have relevant corrections (see Spyros talk)

Thanks!